



Íslenska æskulýðsrannsóknin

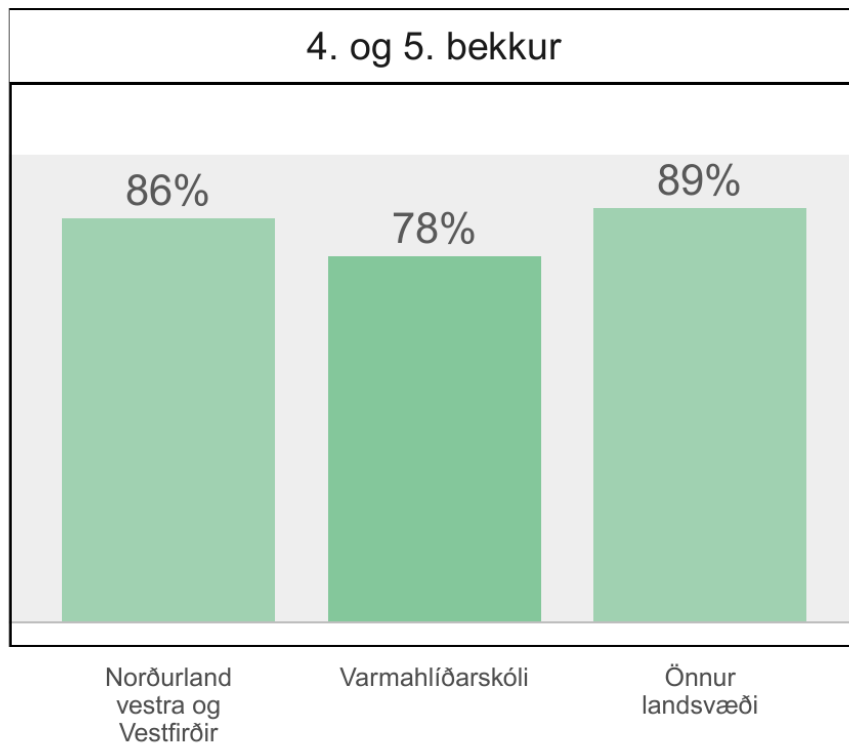
Mælaborðsbreytur

Vor 2025



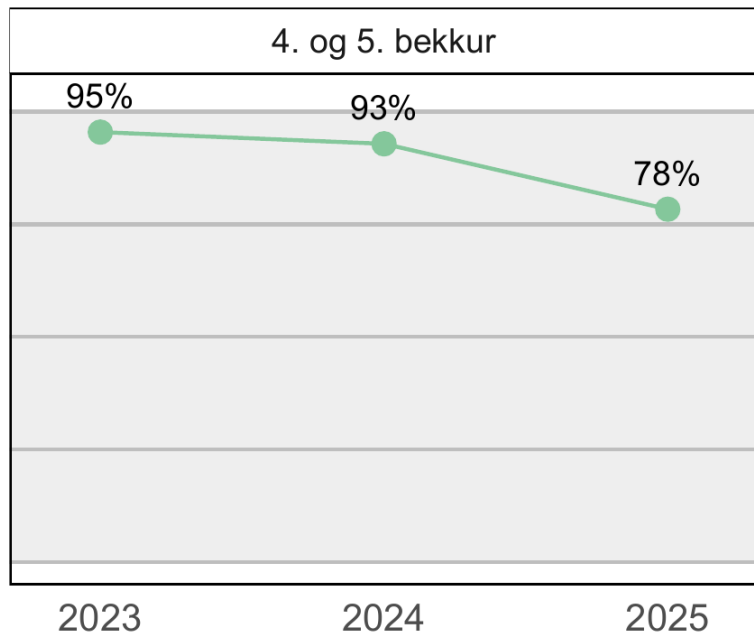


Telja mikilvægt að leggja sig fram í námi



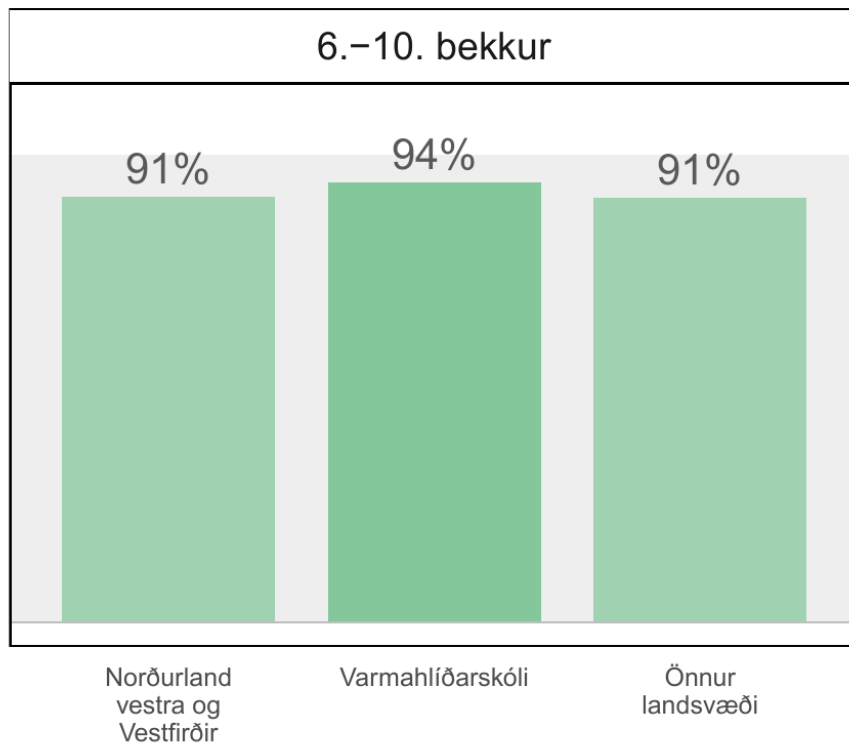


Telja mikilvægt að leggja sig fram í námi



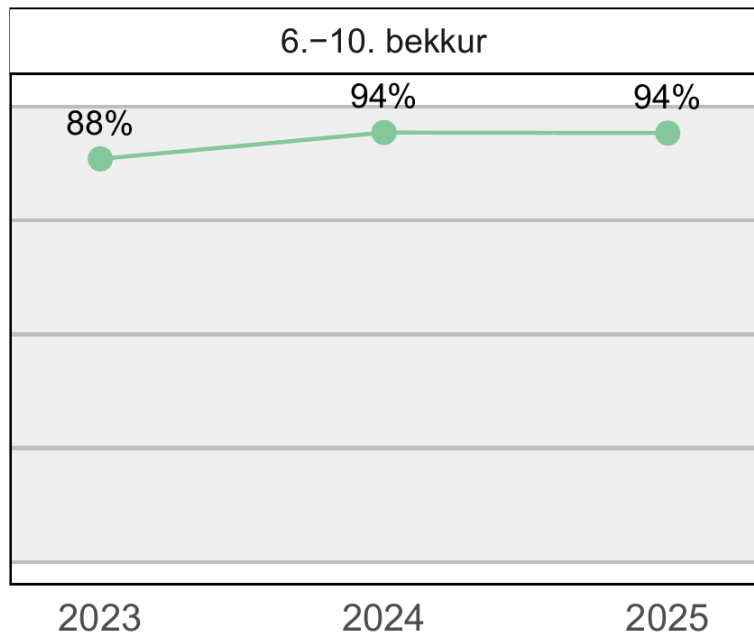


Telja mikilvægt að leggja sig fram í námi



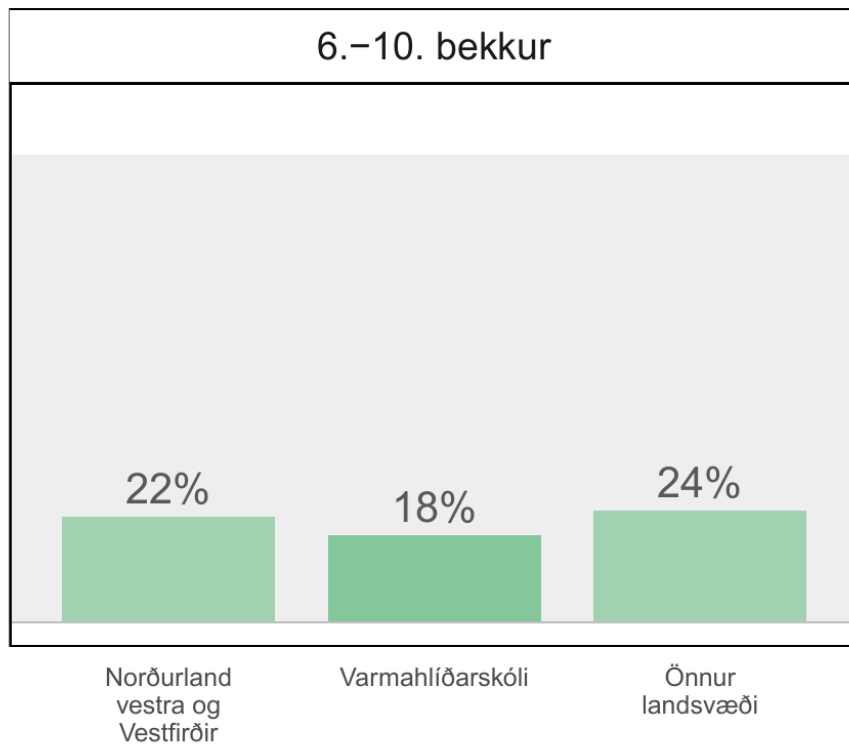


Telja mikilvægt að leggja sig fram í námi





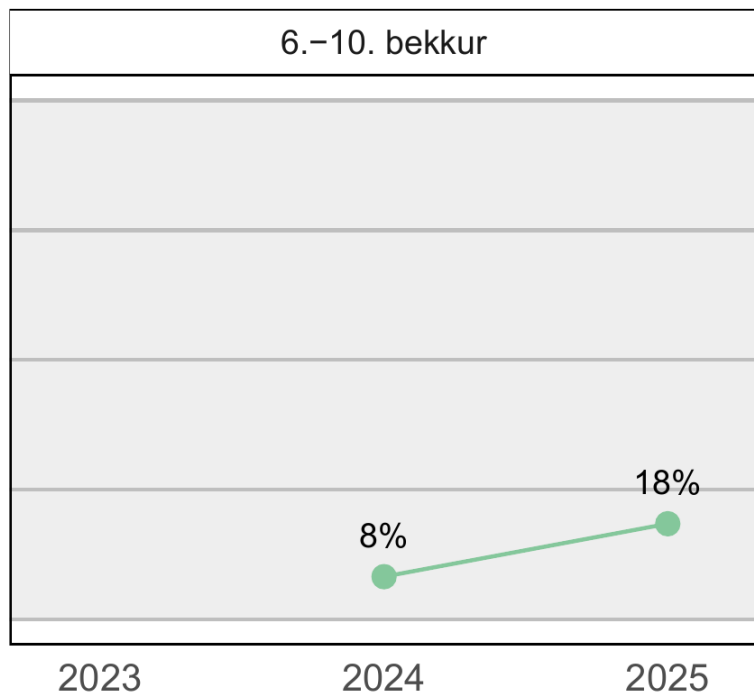
Lesa skáldsögur





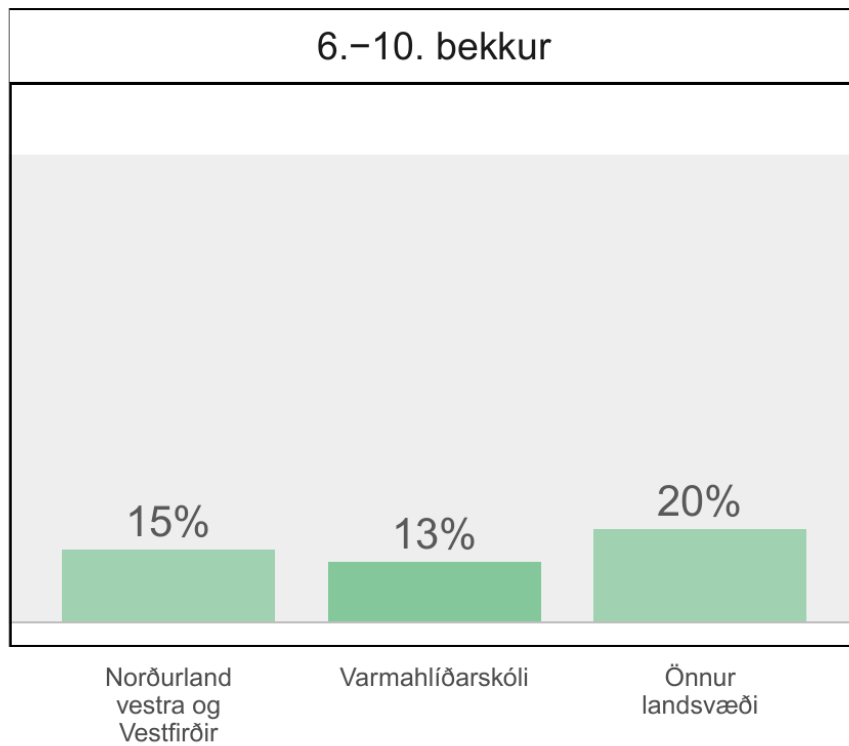
Lesa skáldsögur

6.-10. bekkur





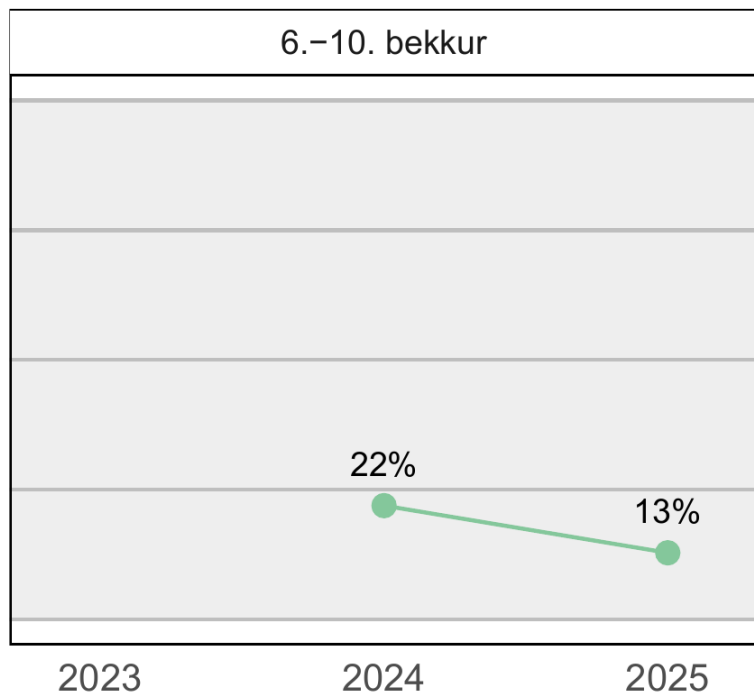
Lesa fræðslubækur





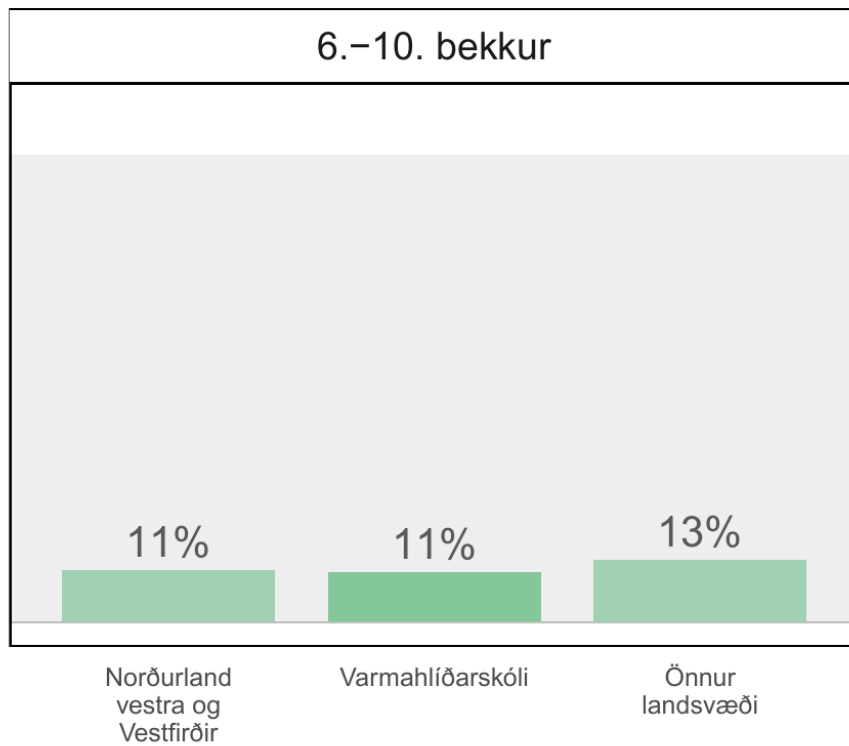
Lesa fræðslubækur

6.-10. bekkur





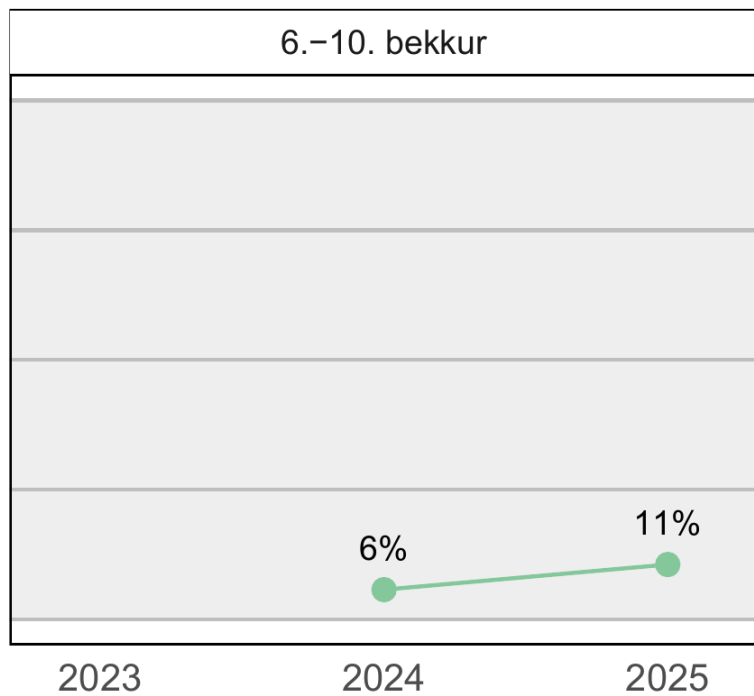
Lesa myndasögur





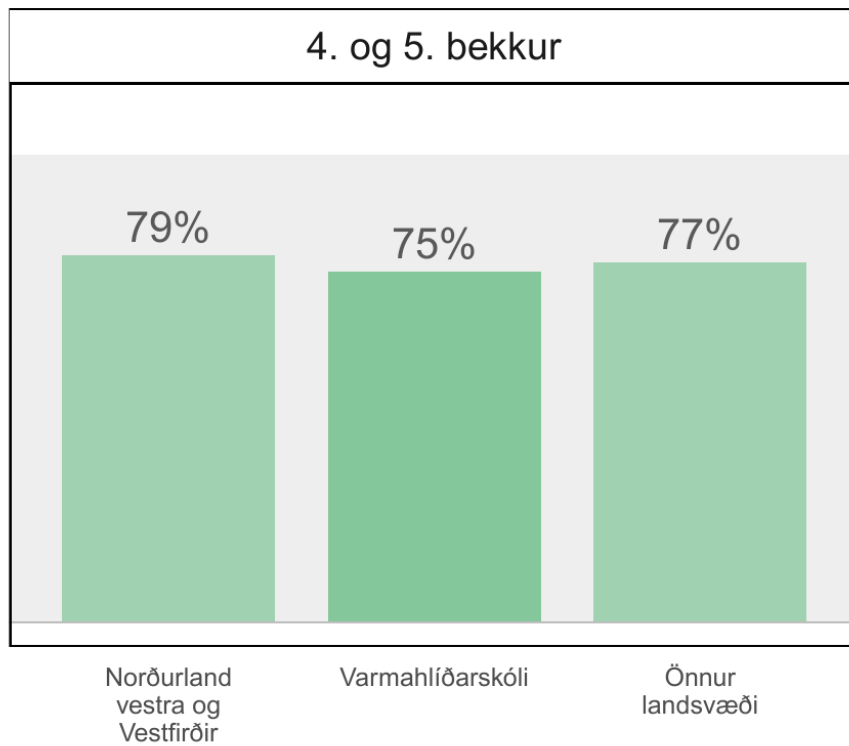
Lesa myndasögur

6.-10. bekkur



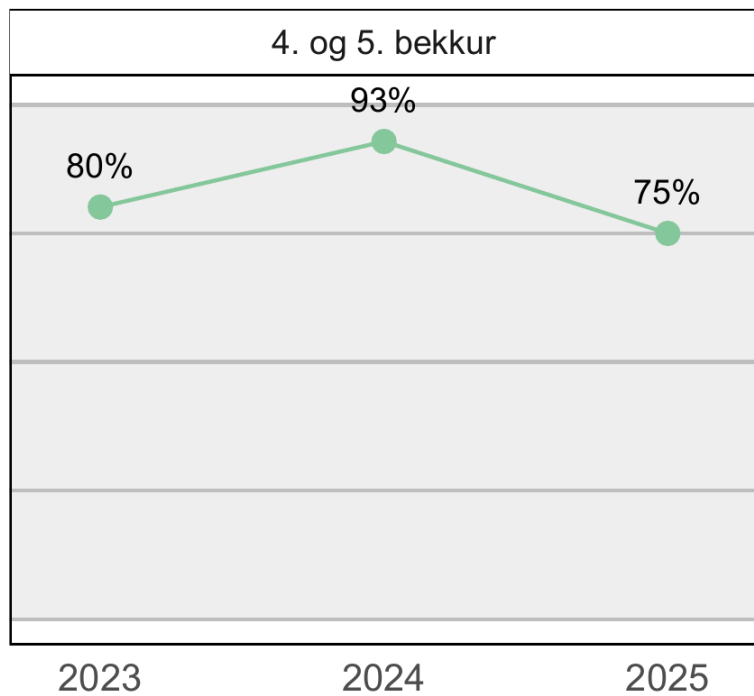


Lestur í frítíma



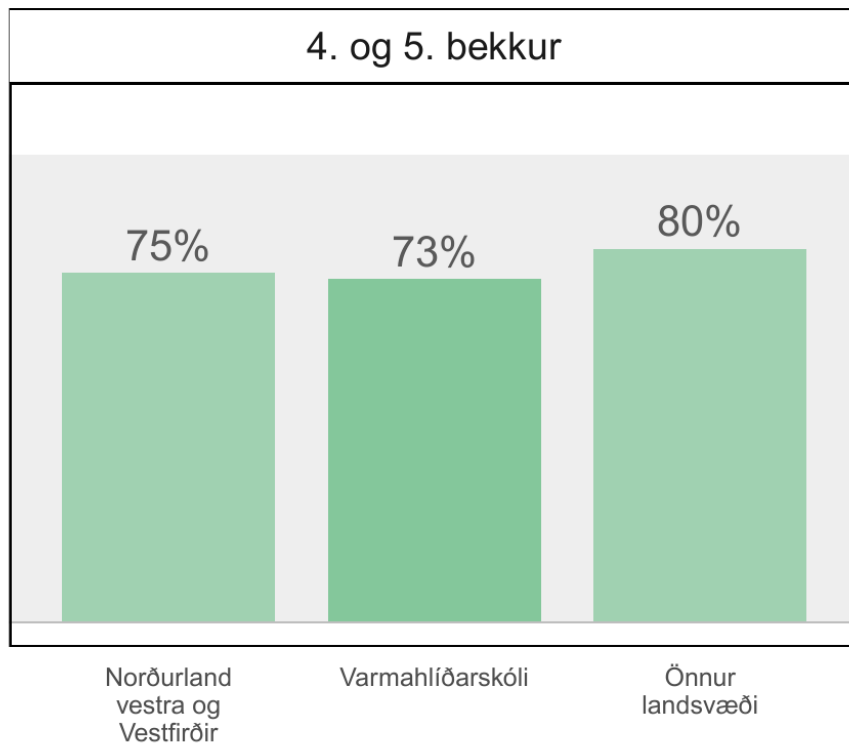


Gaman að lesa í frítíma



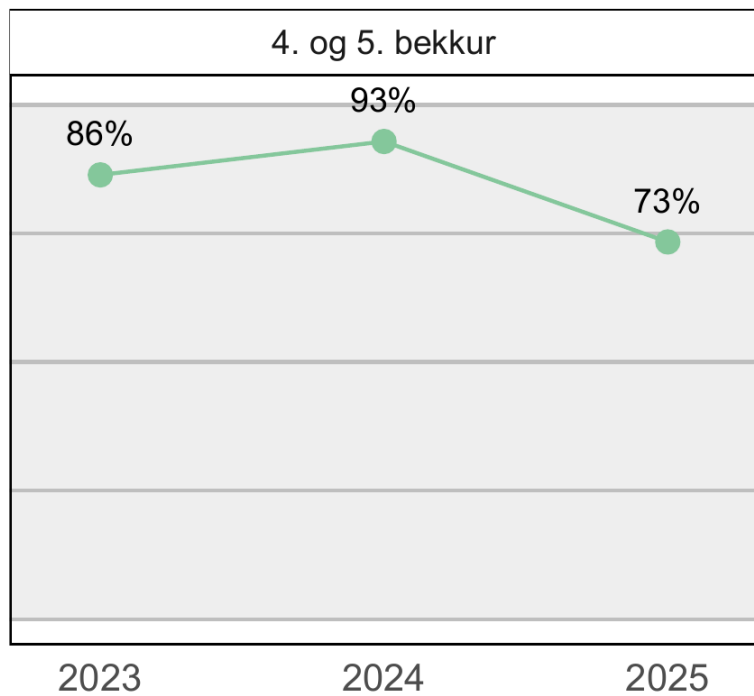


Finnst þér gaman í skólanum?



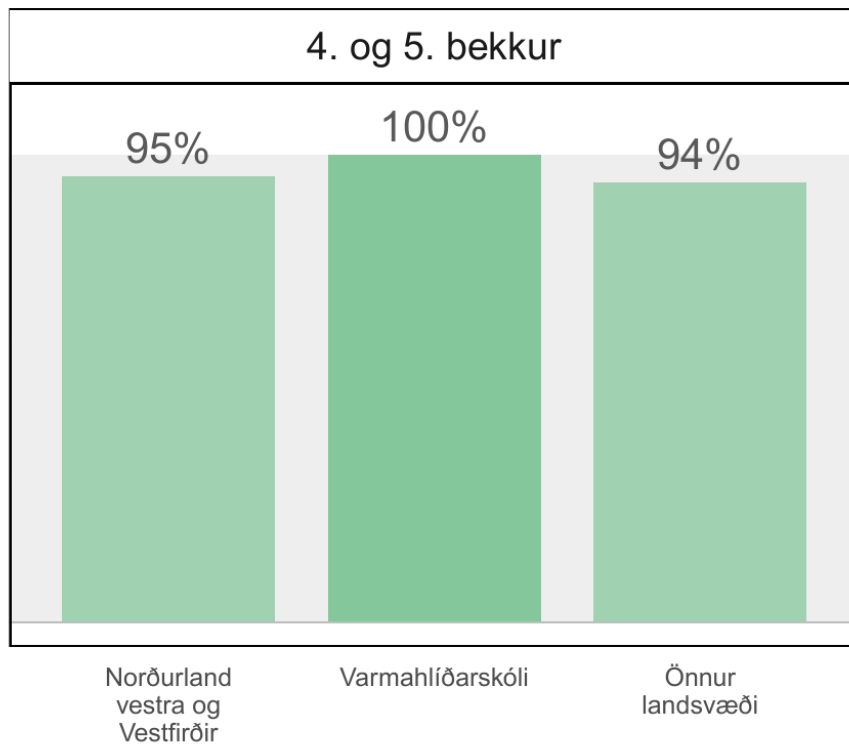


Finnst þér gaman í skólanum?



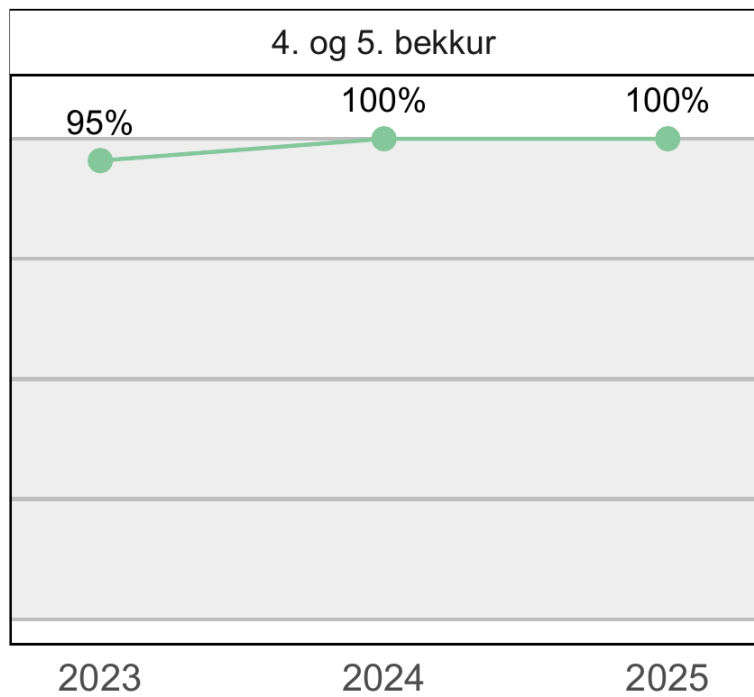


Líður vel í frímínútum



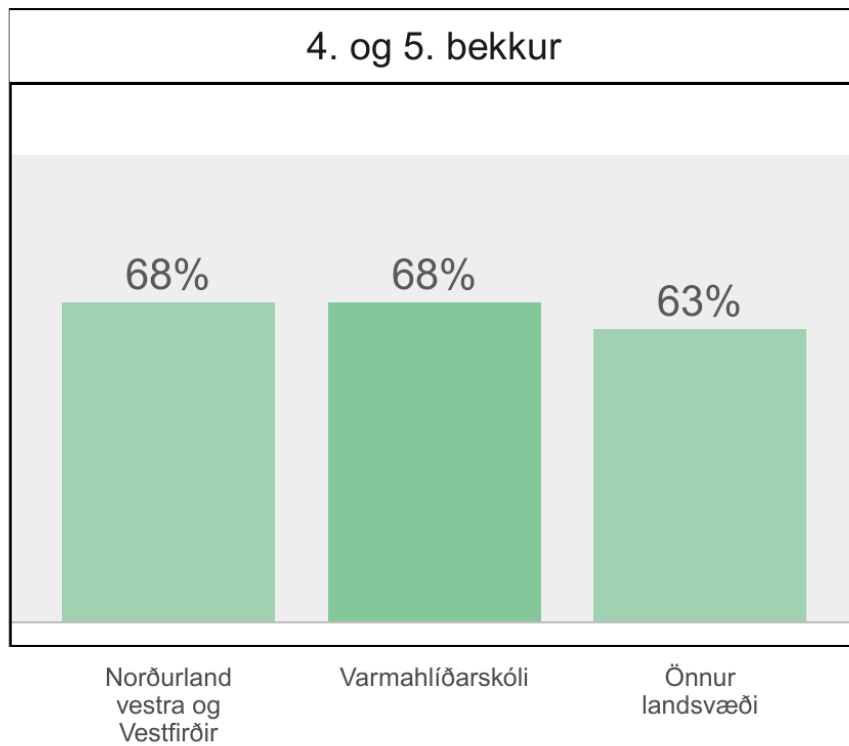


Líður vel í frímínútum?



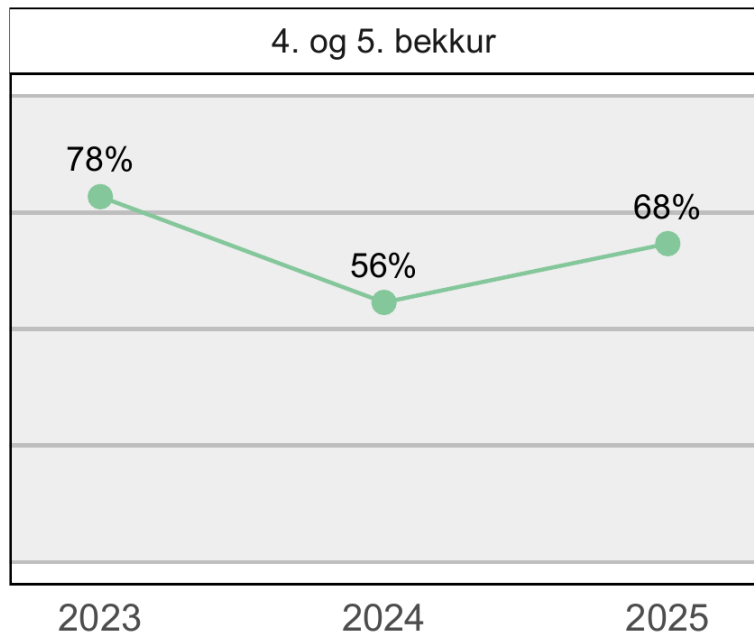


Fullorðinn í skólanum sem gott er að tala við



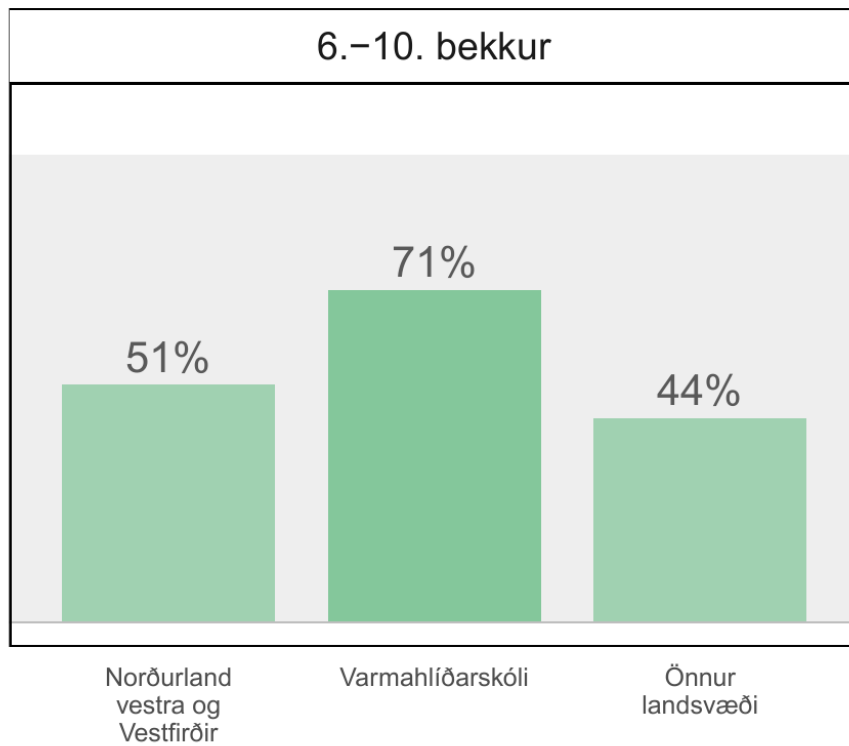


Fullorðinn í skólanum sem gott er að tala við



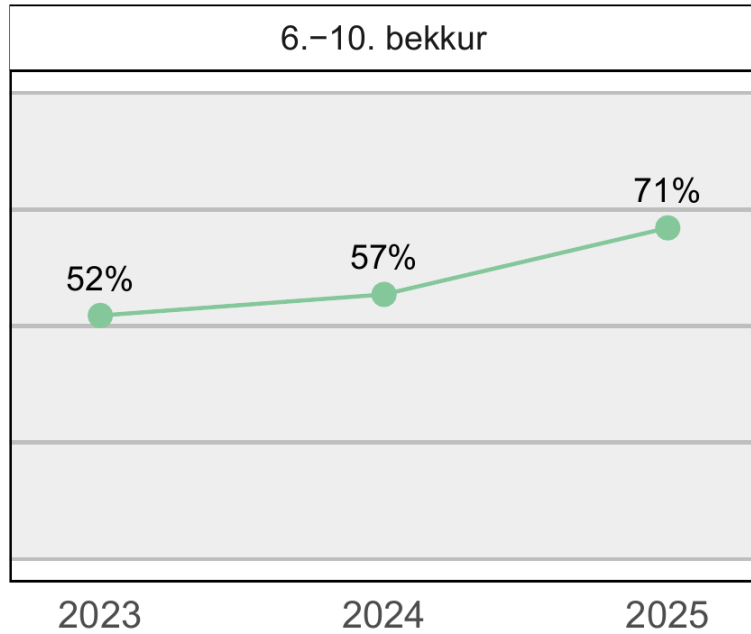


Fullorðinn í skólanum sem gott er að tala við



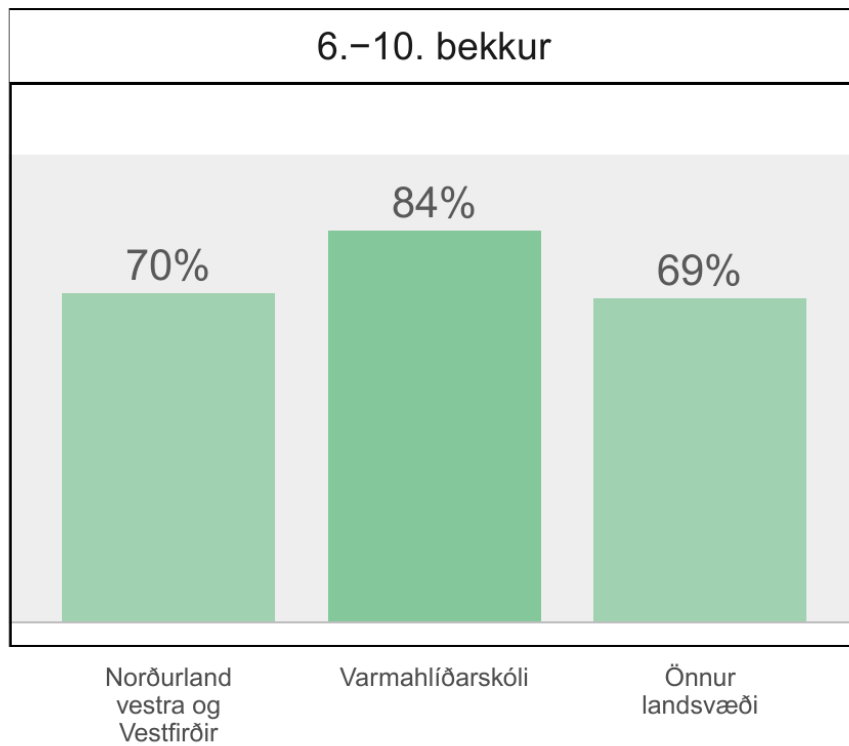


Fullorðinn í skólanum sem gott er að tala við



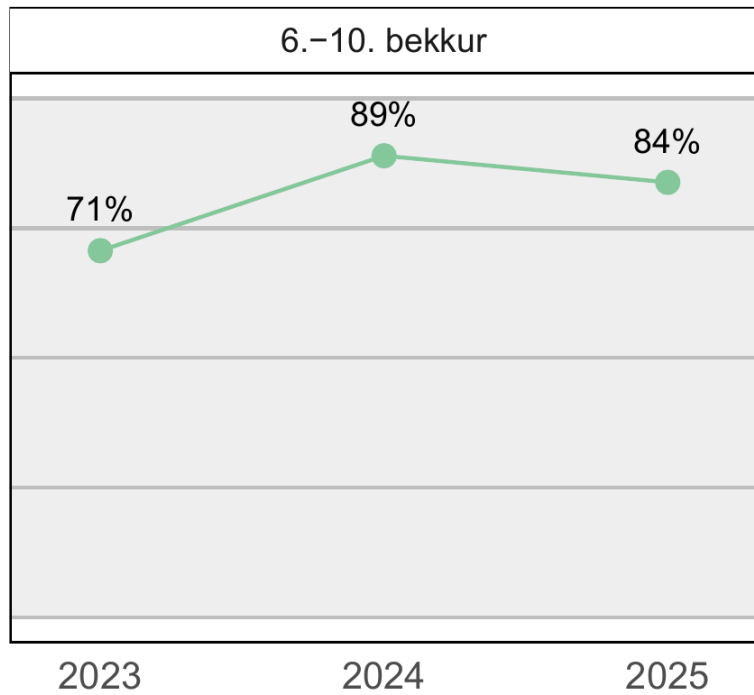


Treysta kennurum



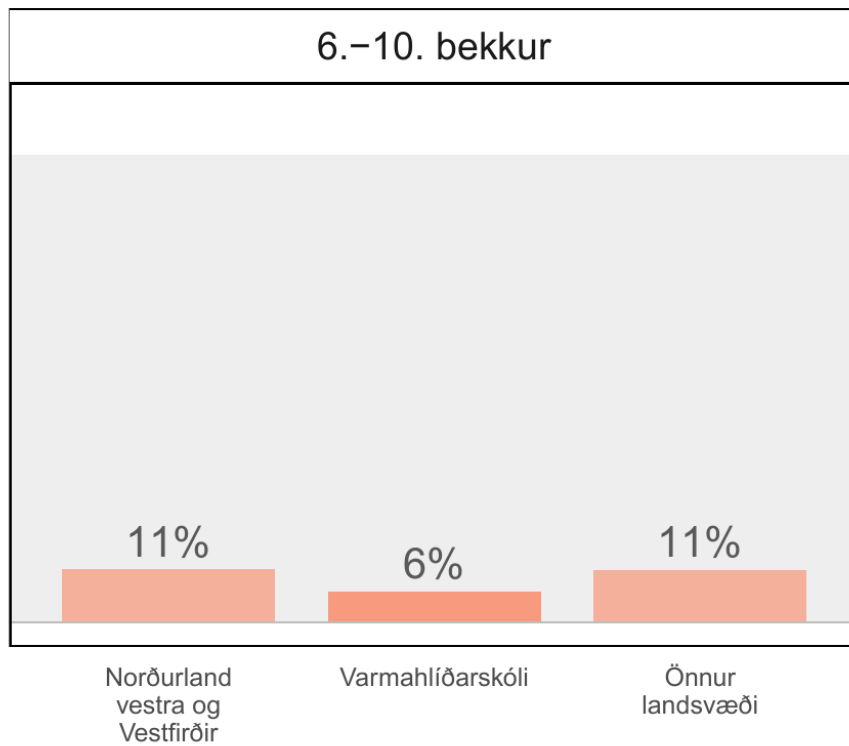


Treysta kennurum



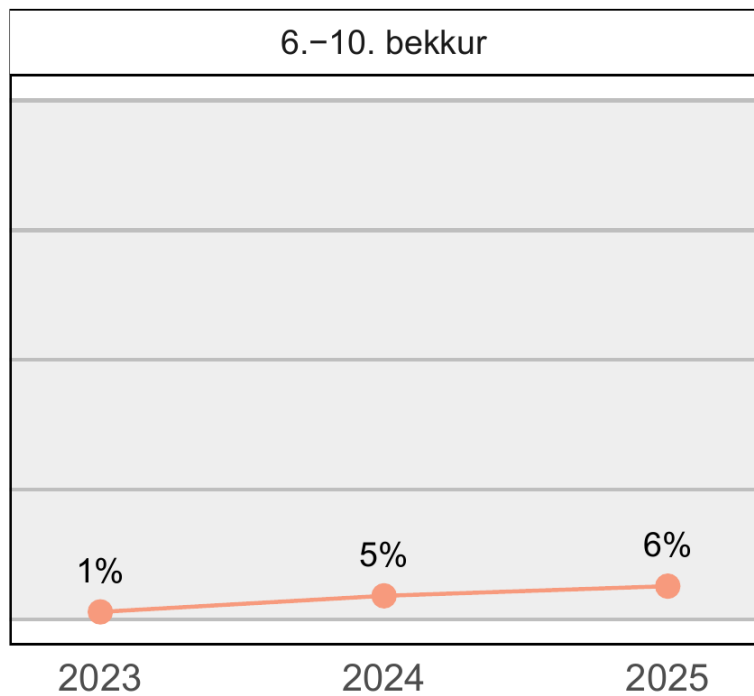


Upplifa einmanaleika í skólanum



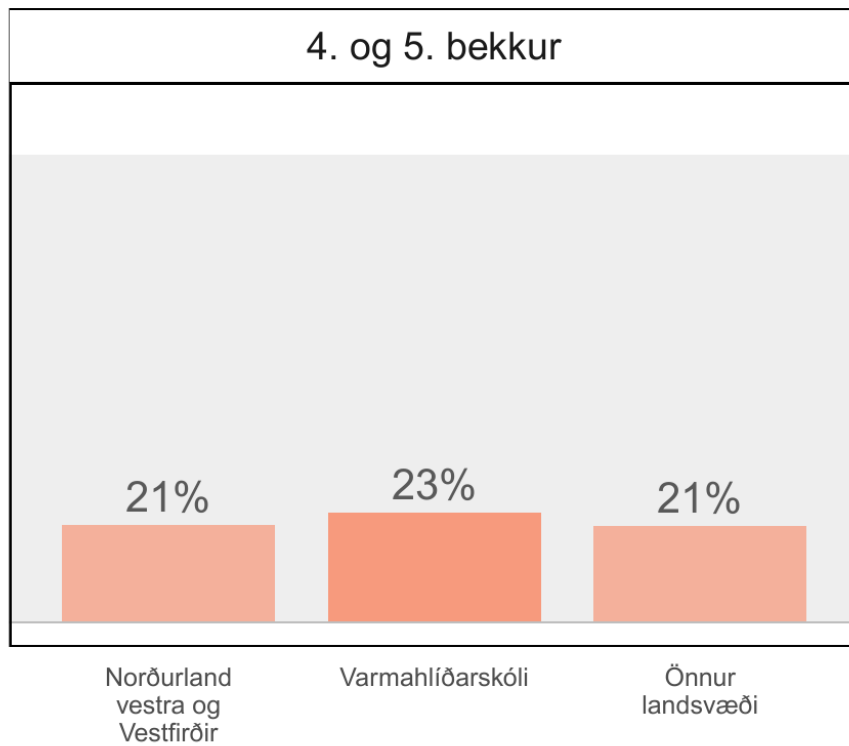


Upplifa einmanaleika í skólanum



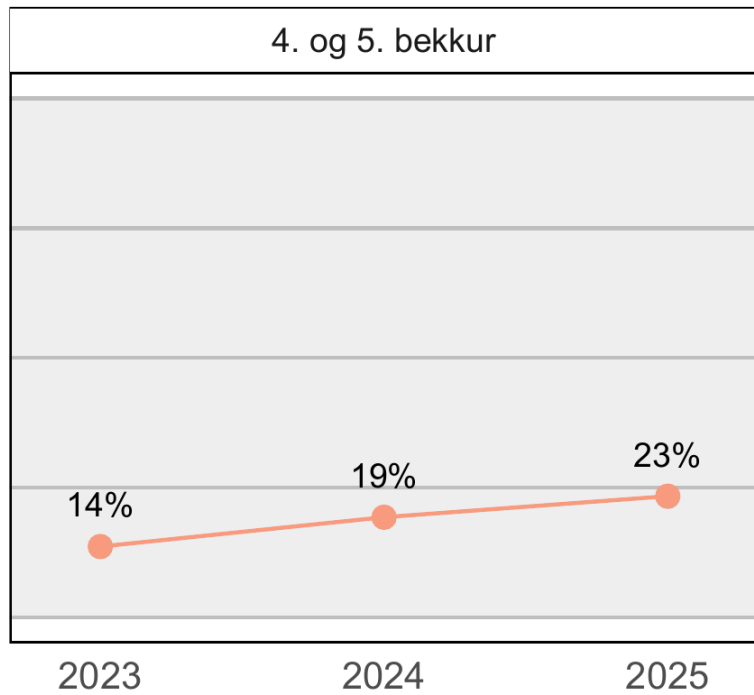


Oft þreytt í skólanum



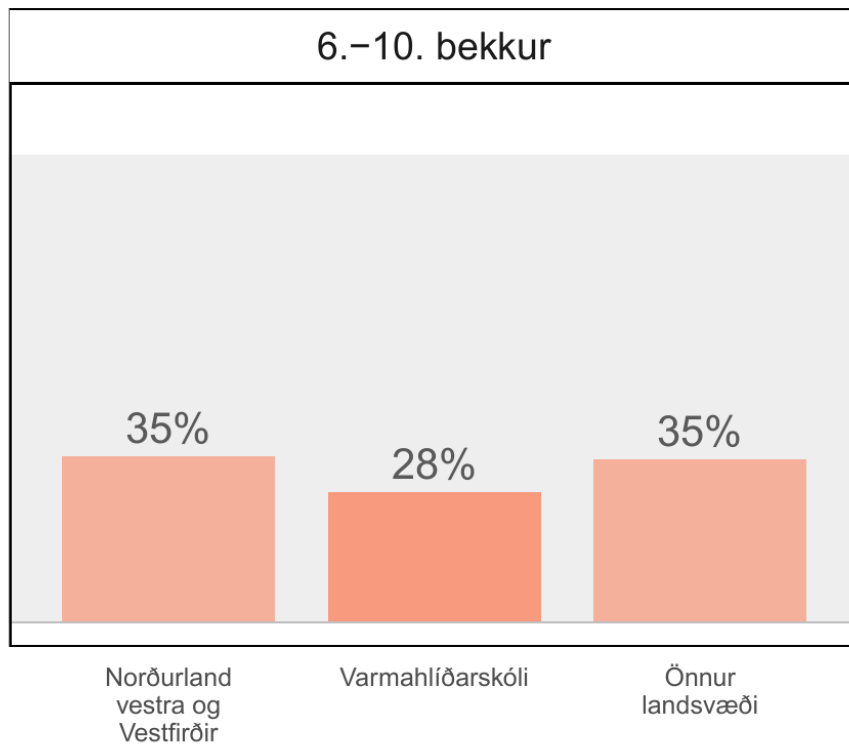


Oft þreytt í skólanum





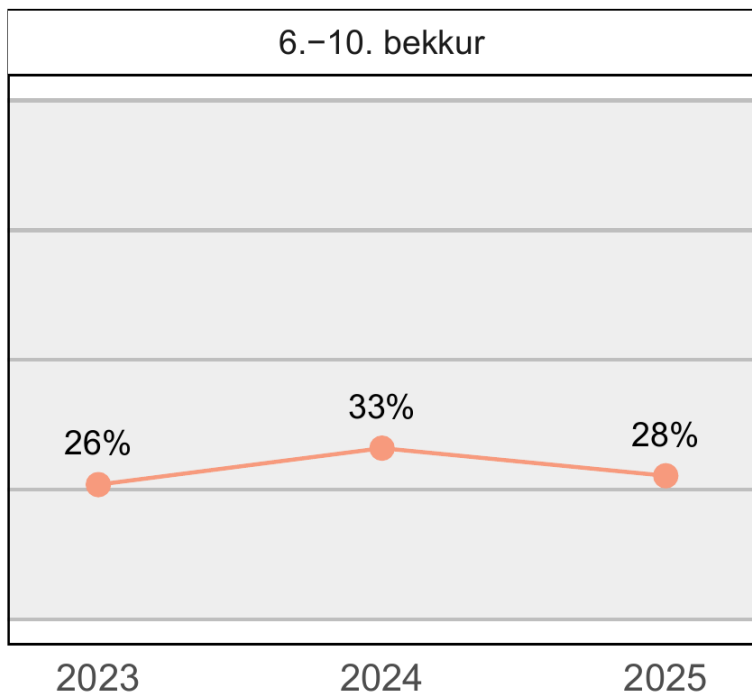
Oft þreytt í skólanum





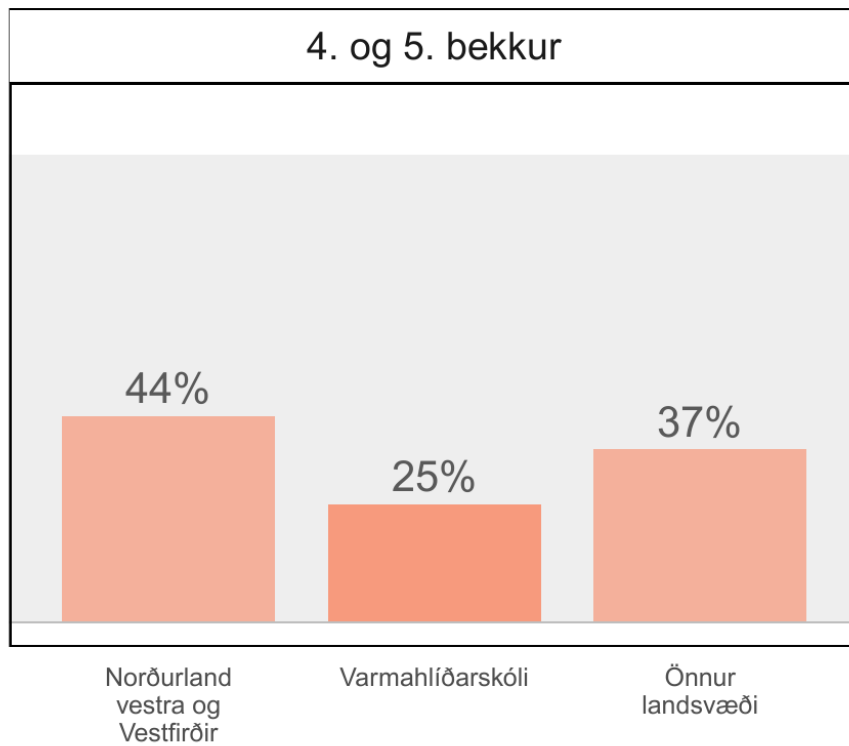
Oft þreytt í skólanum

6.–10. bekkur



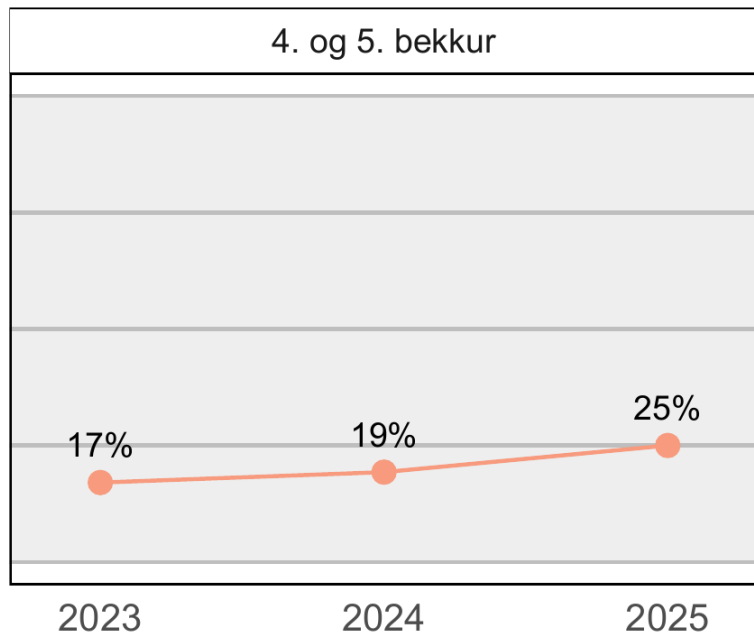


Upplifa oft truflandi hávaða í kennslustund



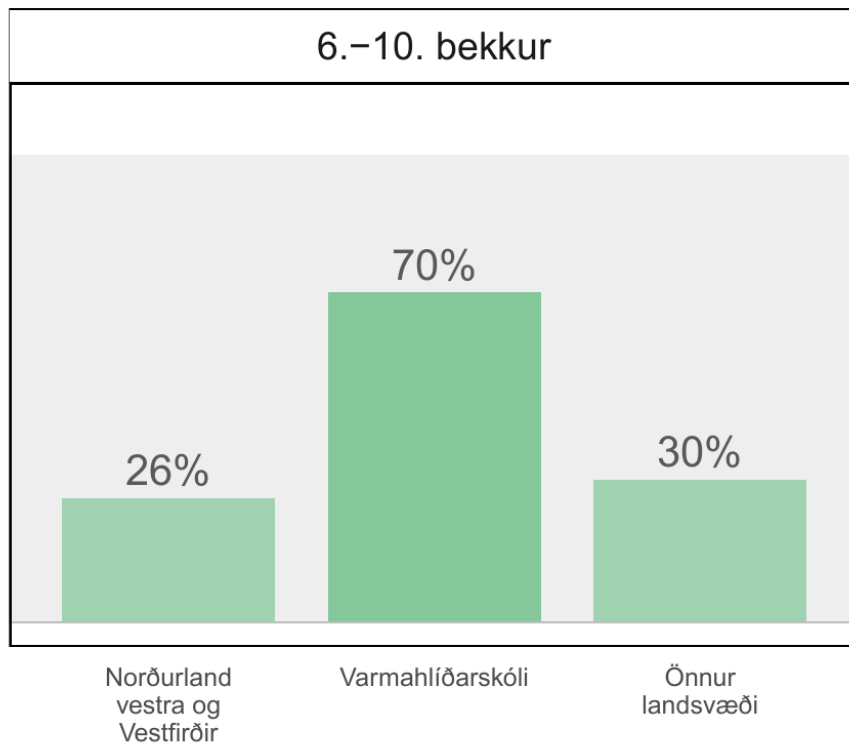


Upplifa oft truflandi hávaða í kennslustund



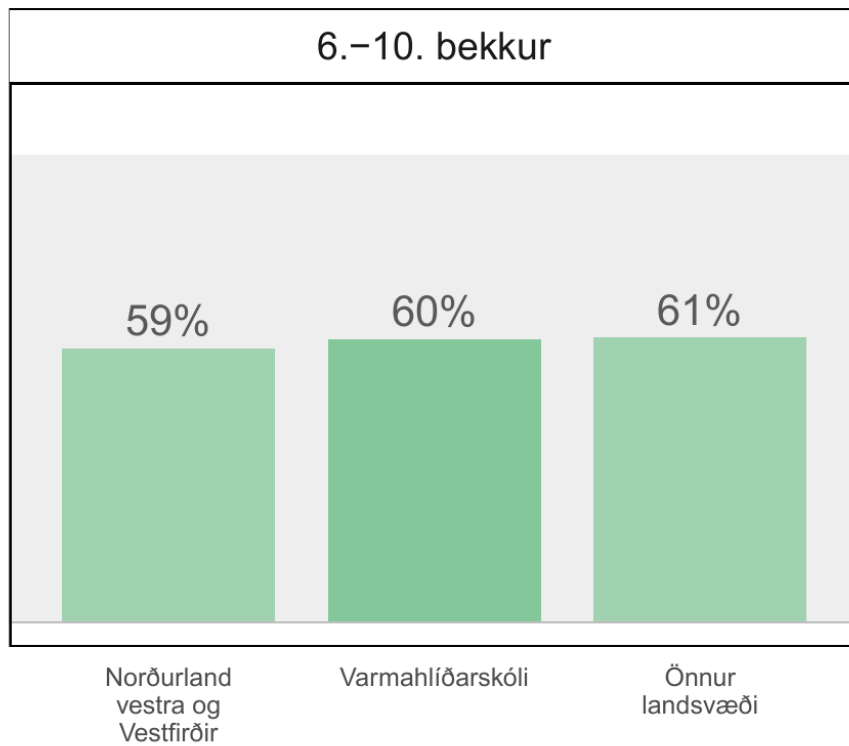


Upplifa vinnufrið í kennslustofunni



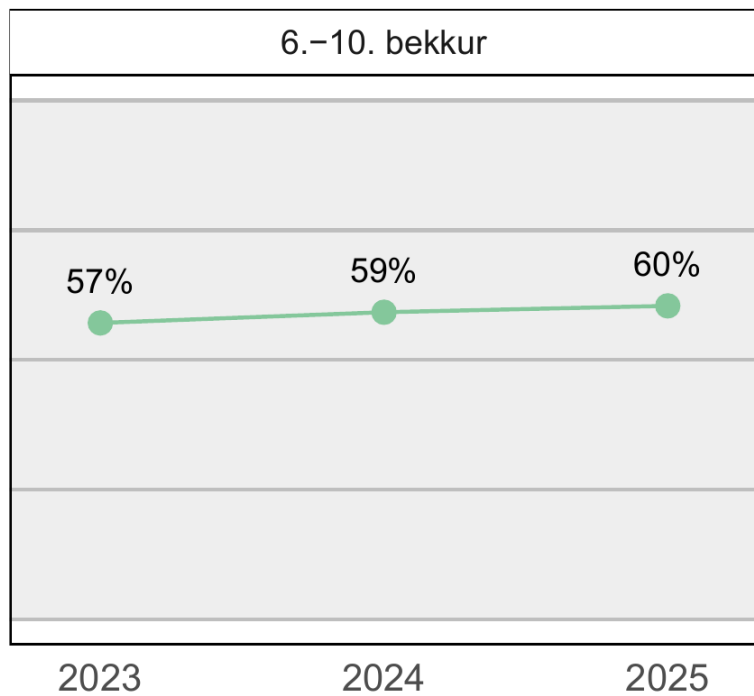


Lífsánægja



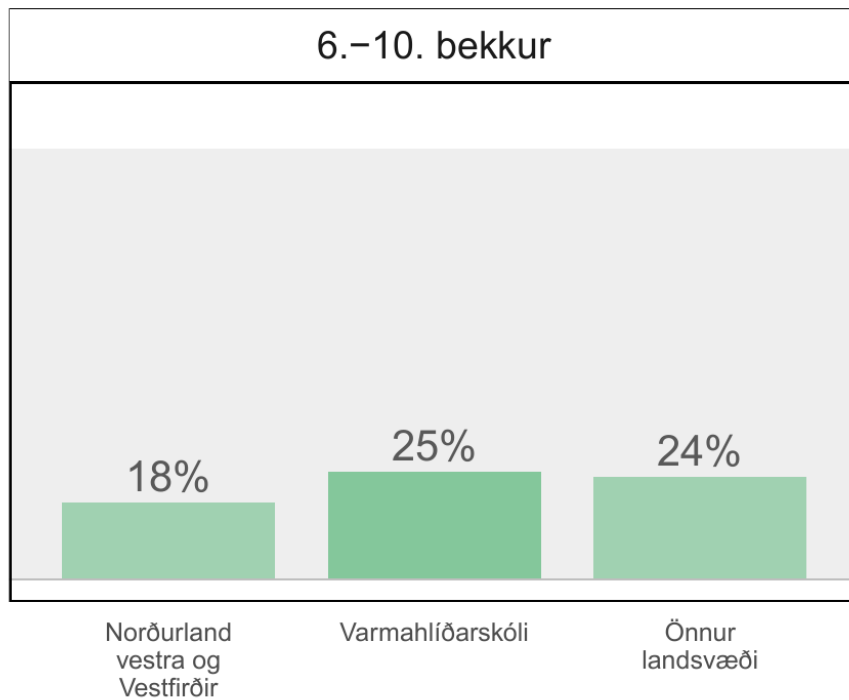


Lífsánægja



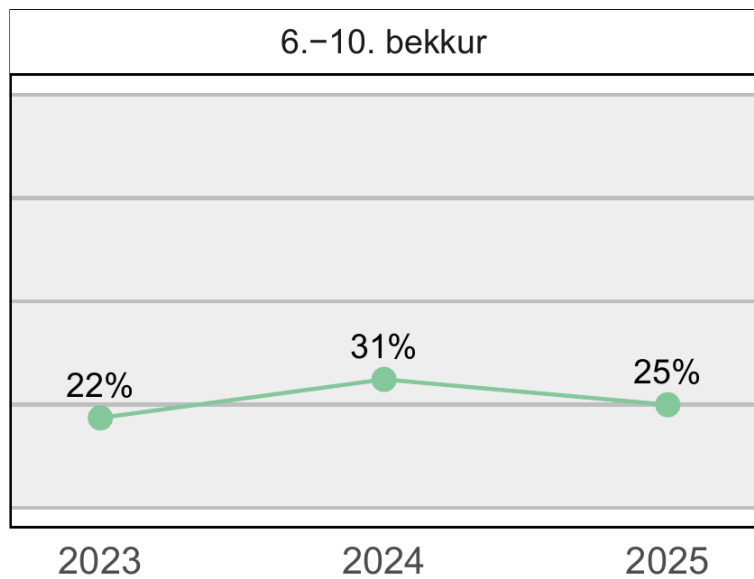


Hafa stundað líkamlega hreyfingu 60 mín
eða lengur á dag síðustu 7 daga



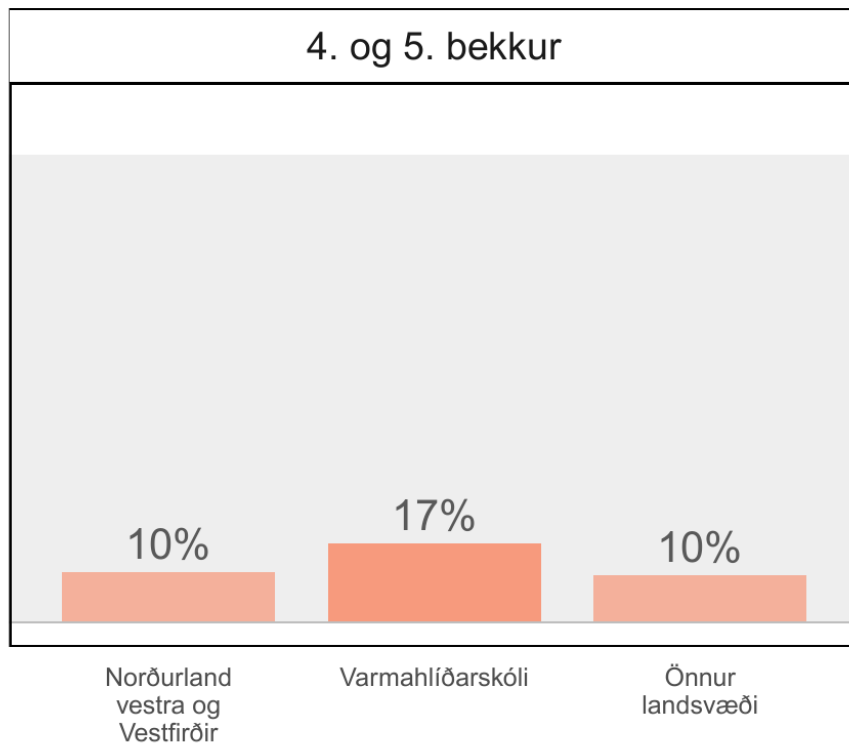


Hafa stundað líkamlega
hreyfingu 60 mín eða lengur
á dag síðustu 7 daga





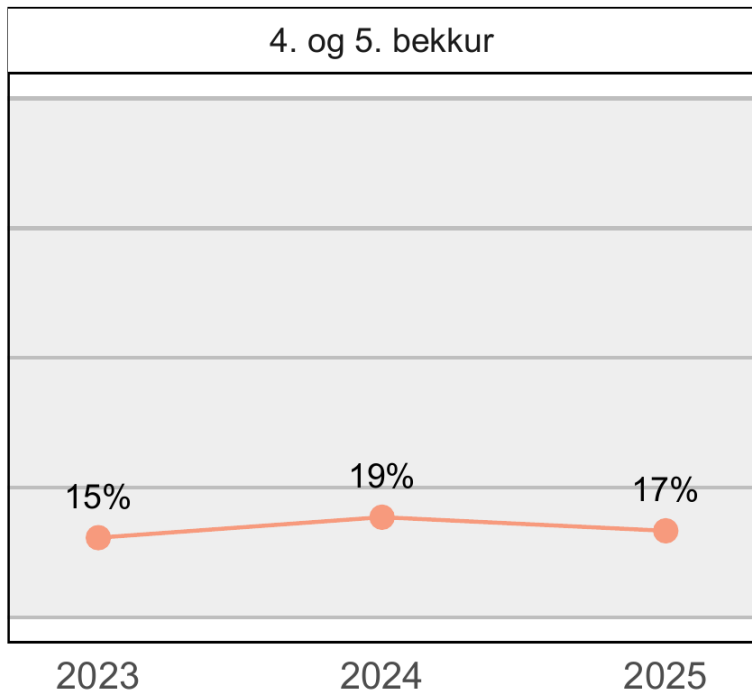
Hafa oft fundið fyrir höfuðverk





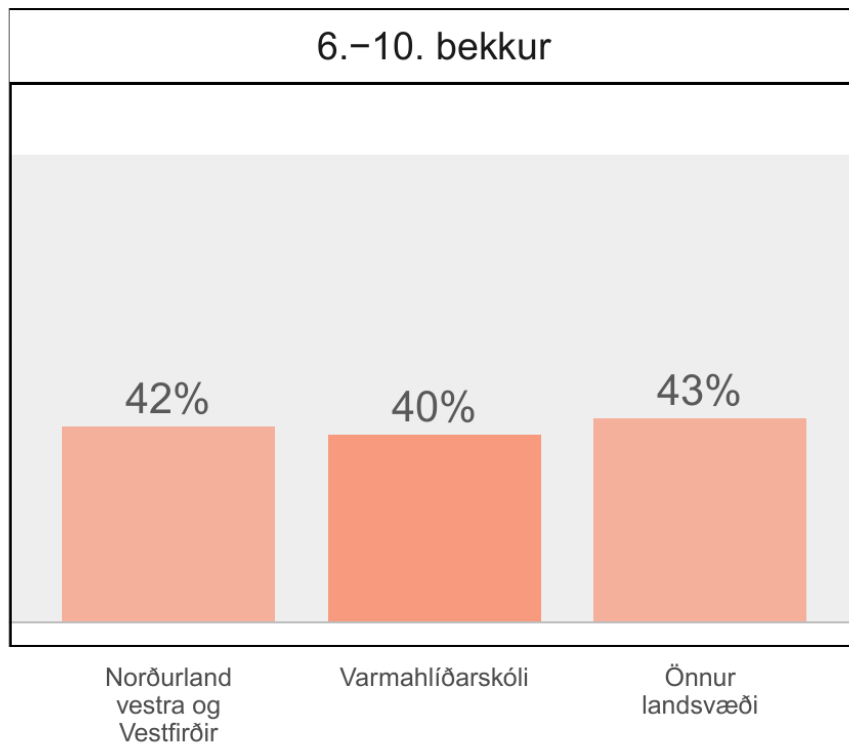
Hafa oft fundið fyrir höfuðverk

4. og 5. bekkur



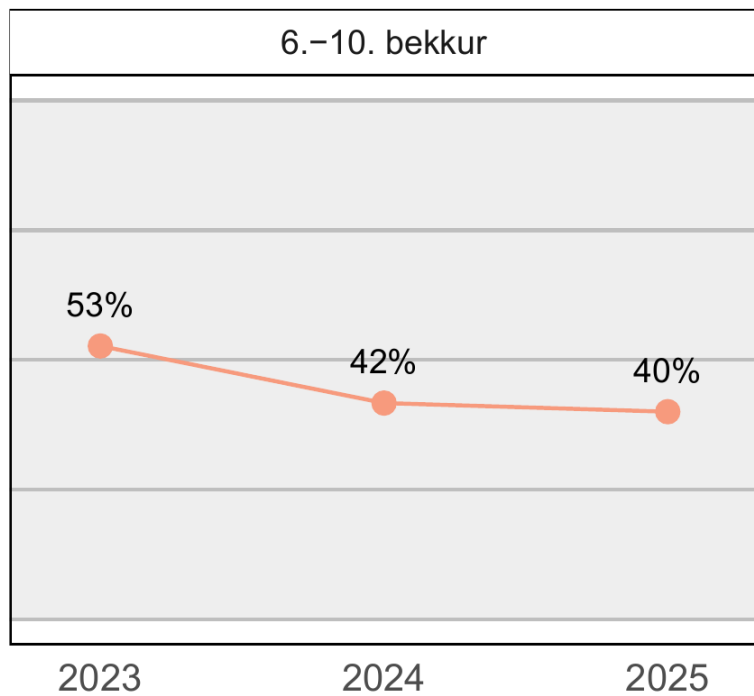


Höfuðverkur daglega eða oftár



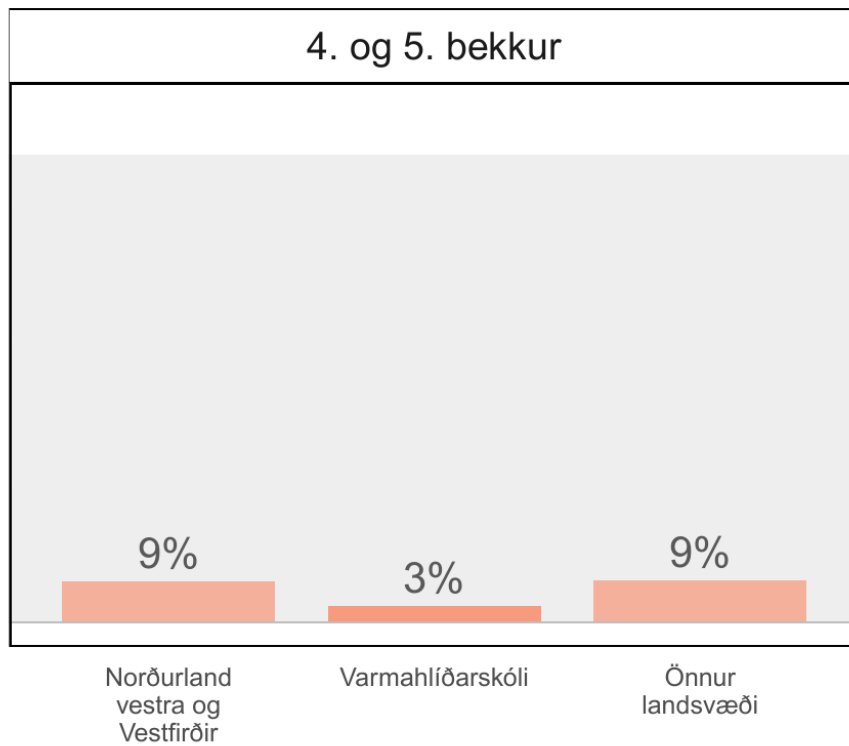


Höfuðverkur daglega eða oftár



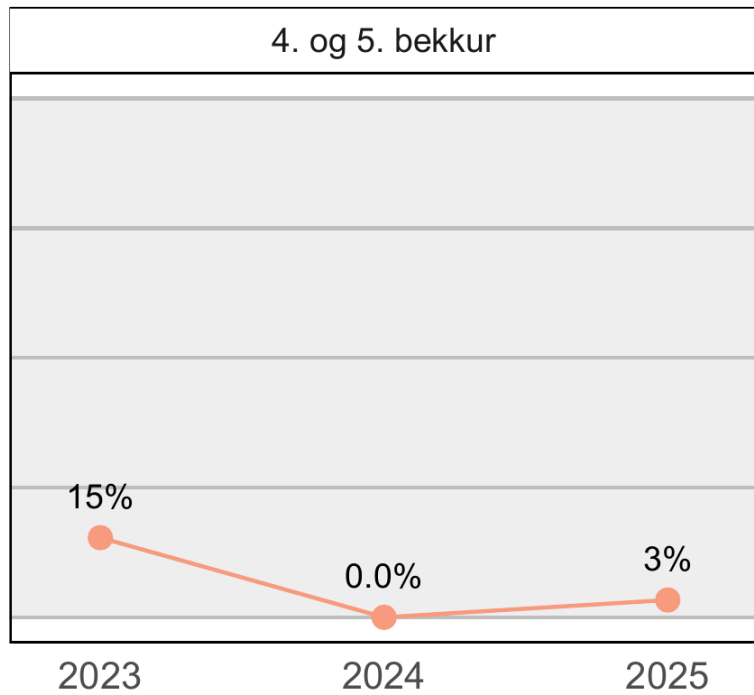


Hafa oft fundið fyrir magaverk



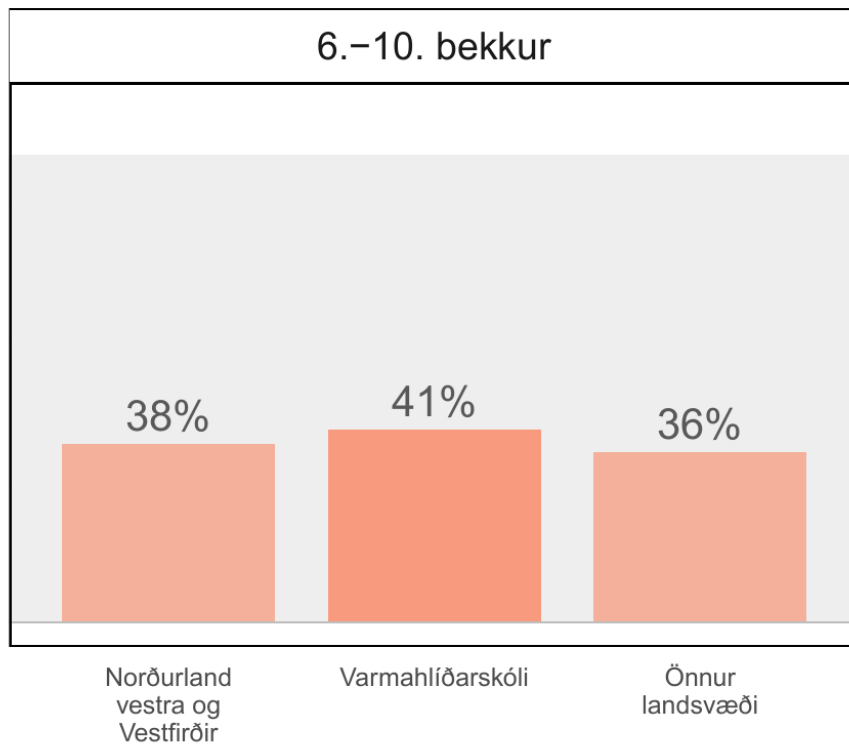


Hafa oft fundið fyrir magaverk





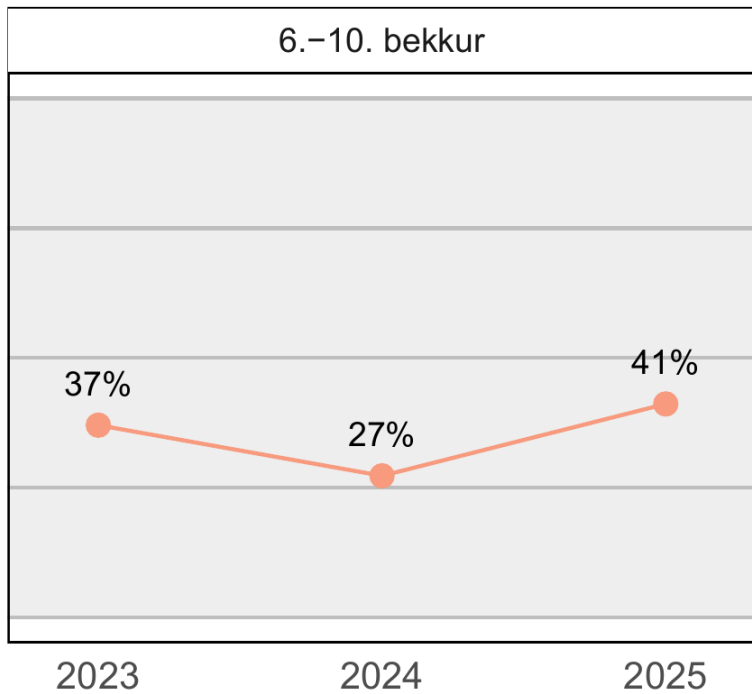
Magaverkur daglega eða oftár





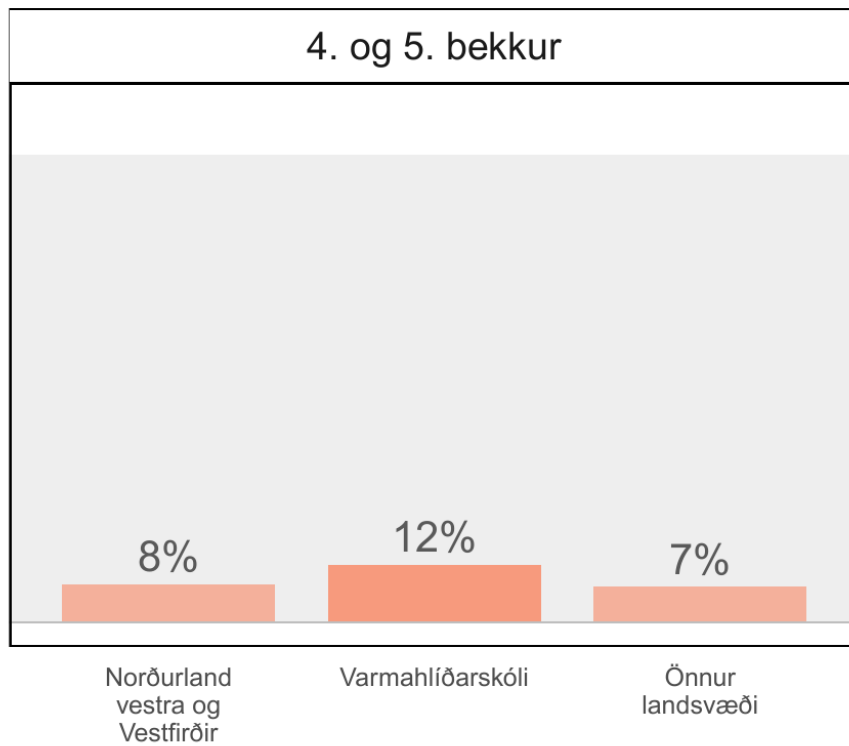
Magaverkur daglega eða oftár

6.–10. bekkur





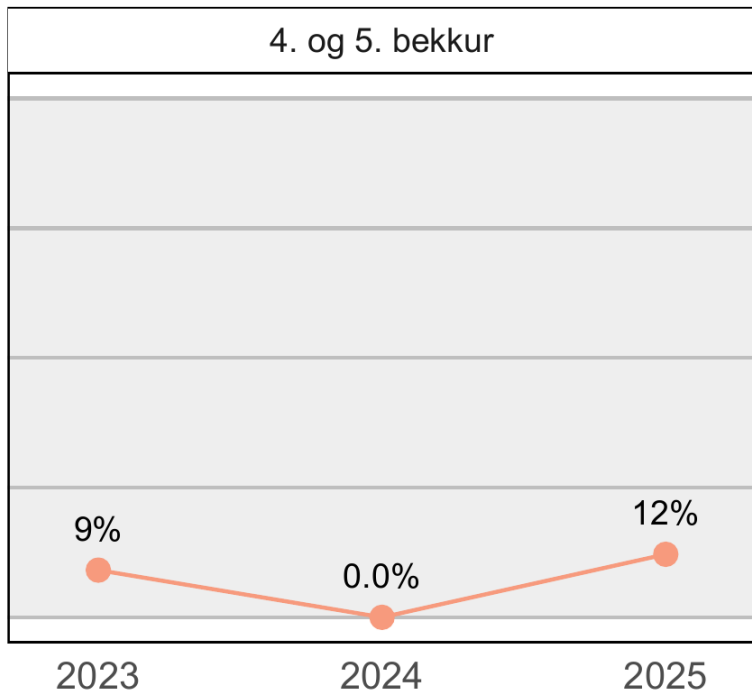
Hafa oft fundið fyrir depurð





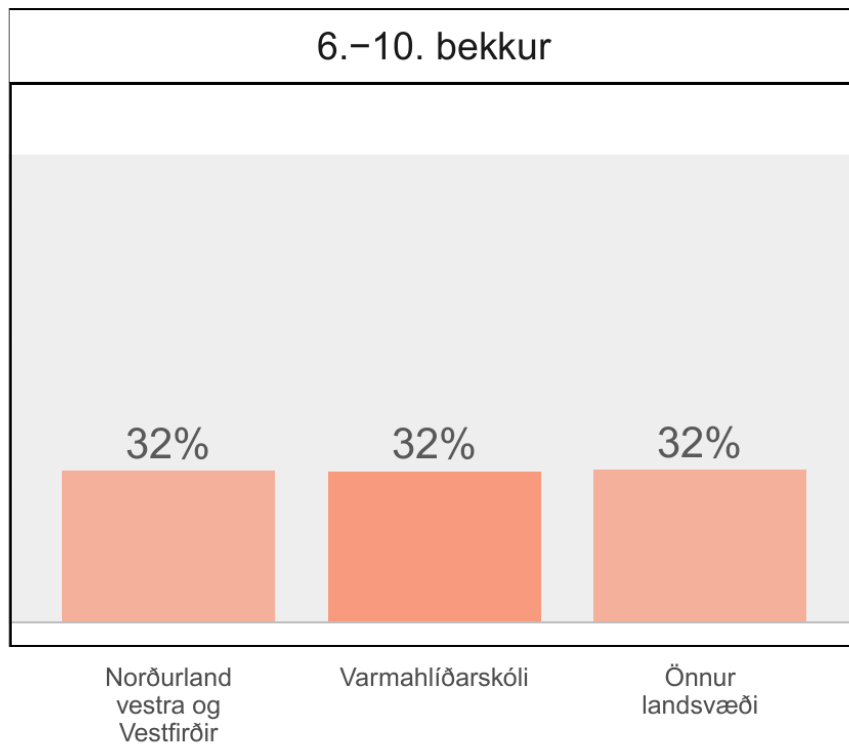
Hafa oft fundið fyrir depurð

4. og 5. bekkur





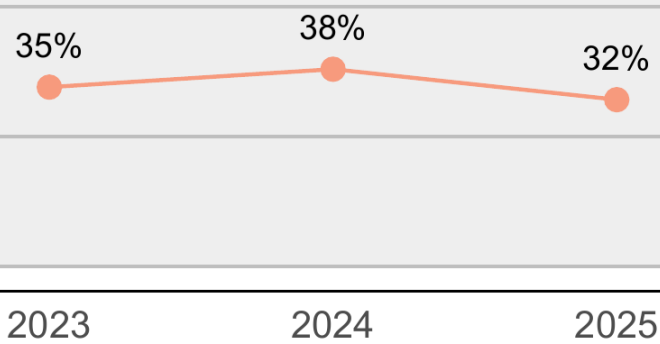
Depurð daglega eða oftár





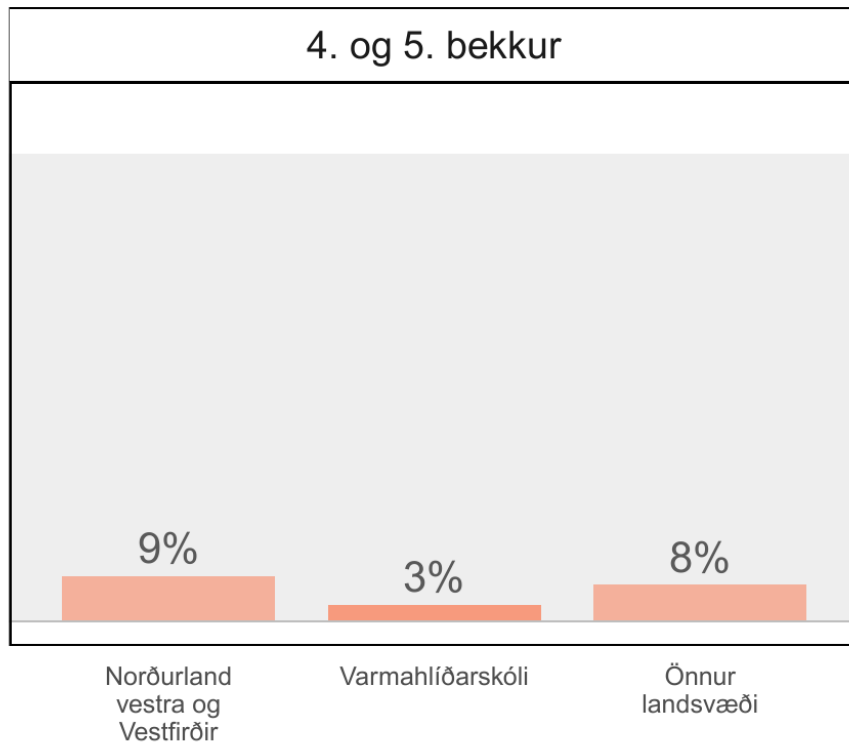
Depurð daglega eða oftár

6.-10. bekkur





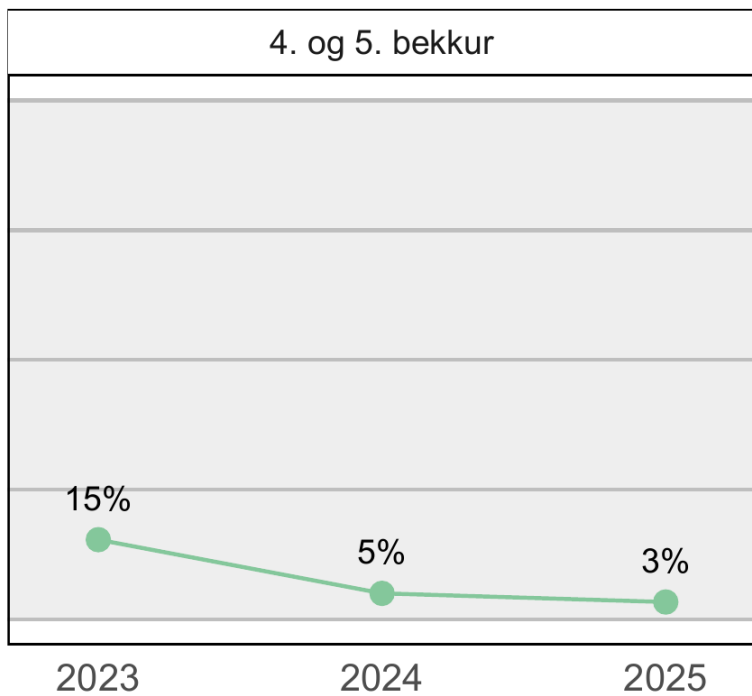
Hafa oft fundið fyrir kvíða





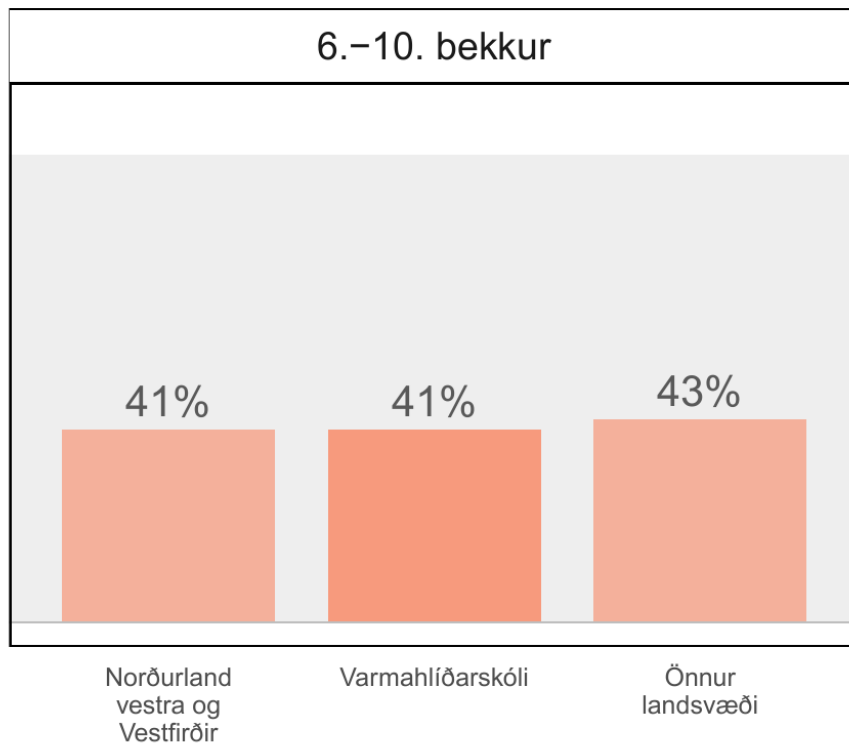
Hafa oft fundið fyrir kvíða

4. og 5. bekkur





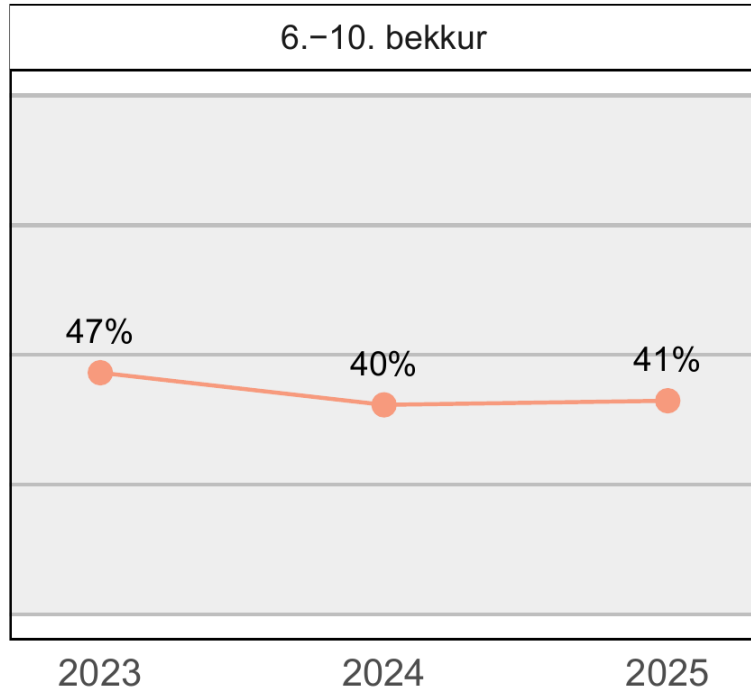
Kvíði daglega eða oftar





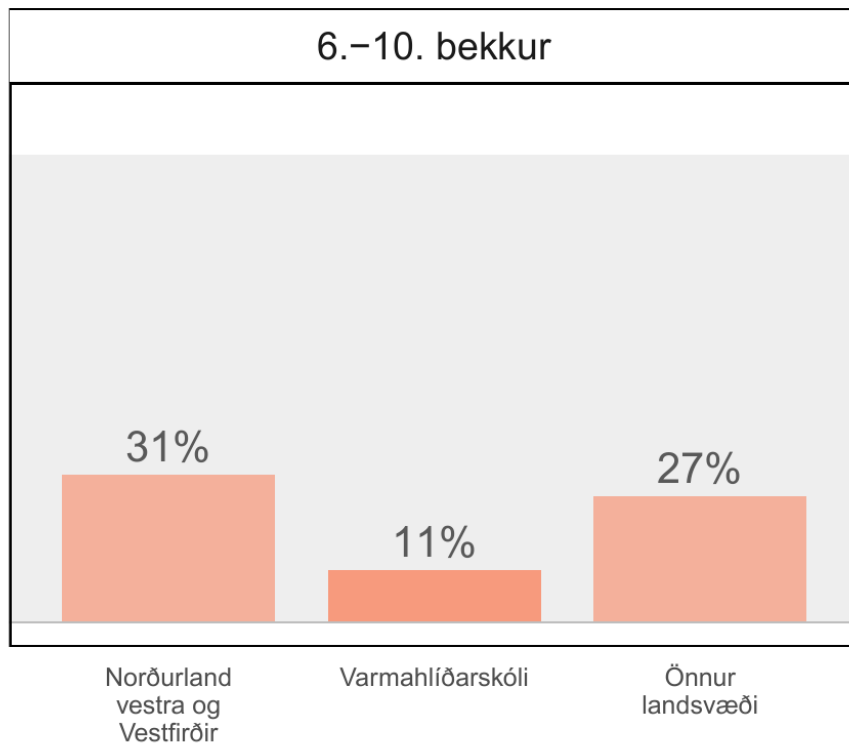
Kvíði daglega eða oftar

6.–10. bekkur





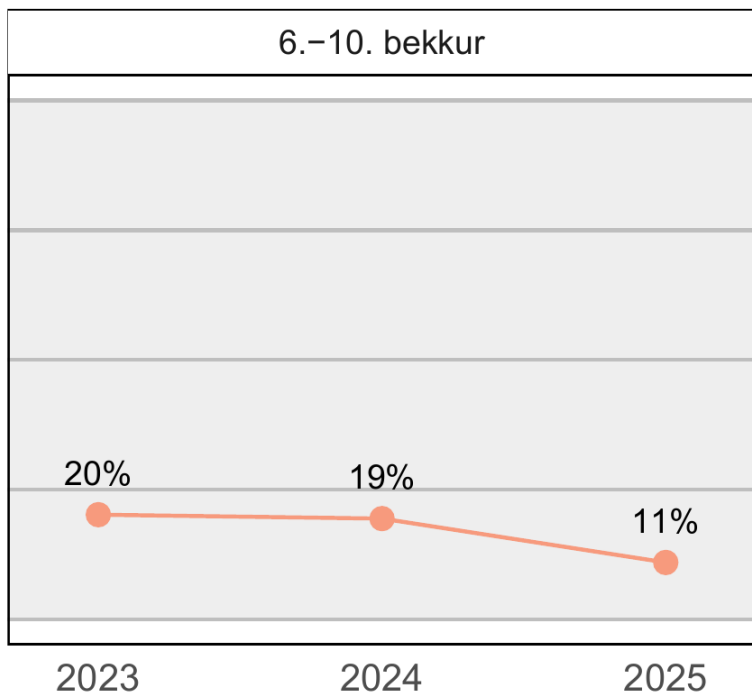
Slagsmál síðustu 12 mánuði





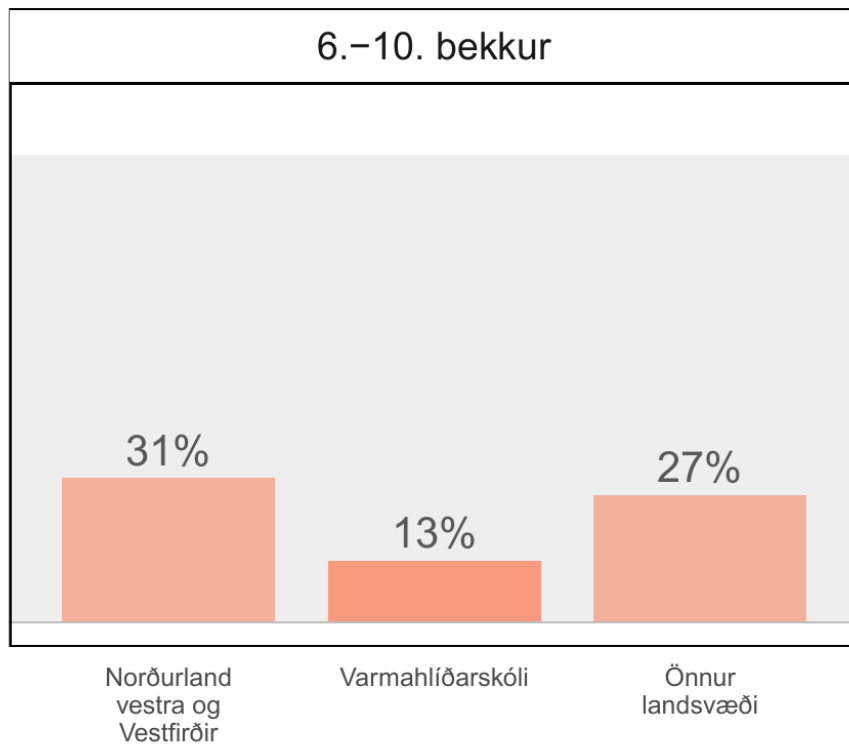
Slagsmál síðustu 12 mánuði

6.–10. bekkur





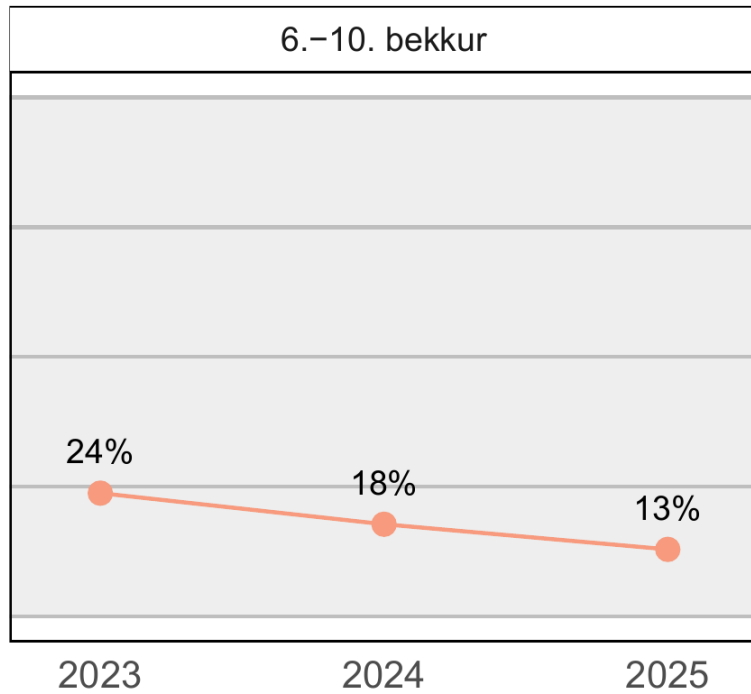
Árás síðustu 12 mánuði





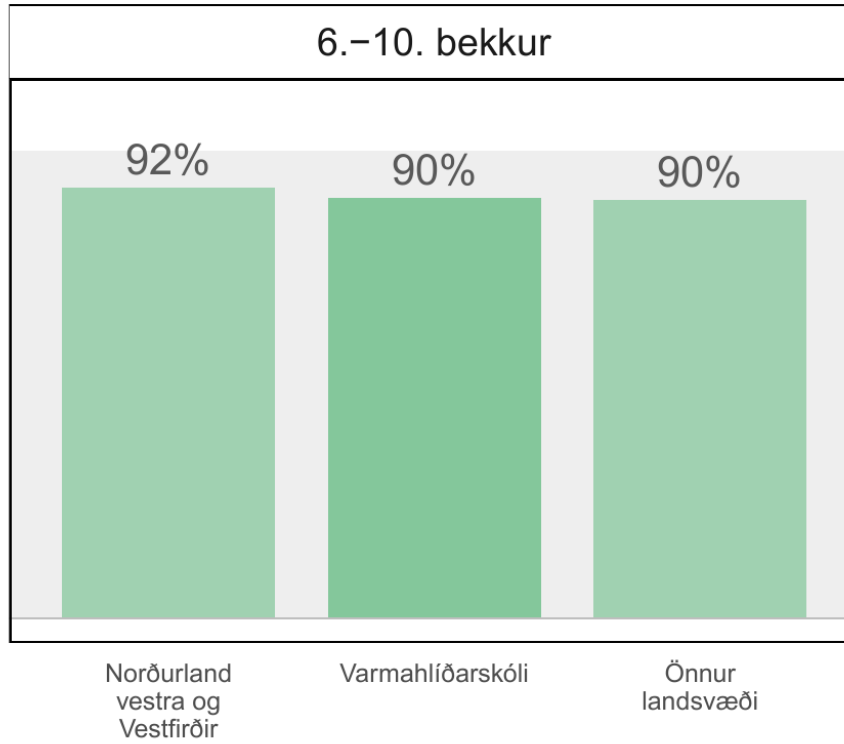
Árás síðustu 12 mánuði

6.–10. bekkur



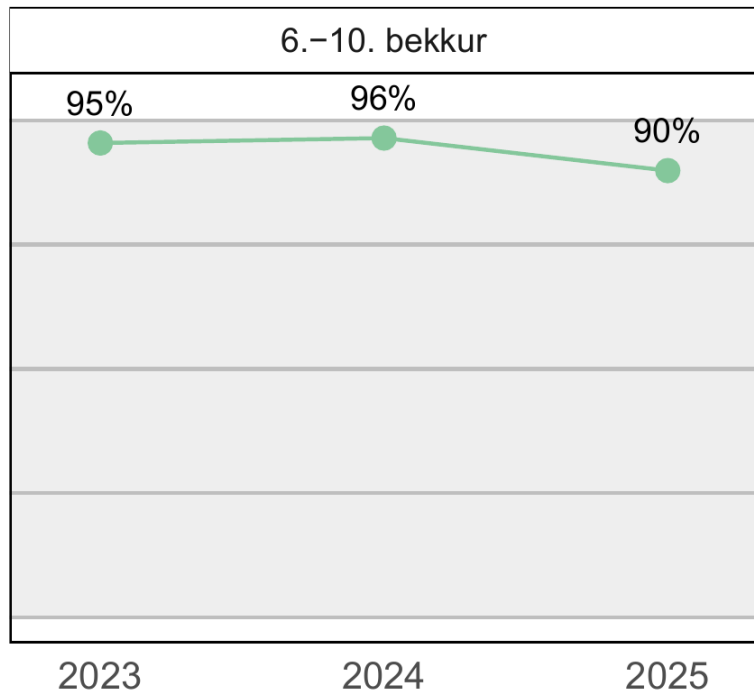


Öryggi í hverfi



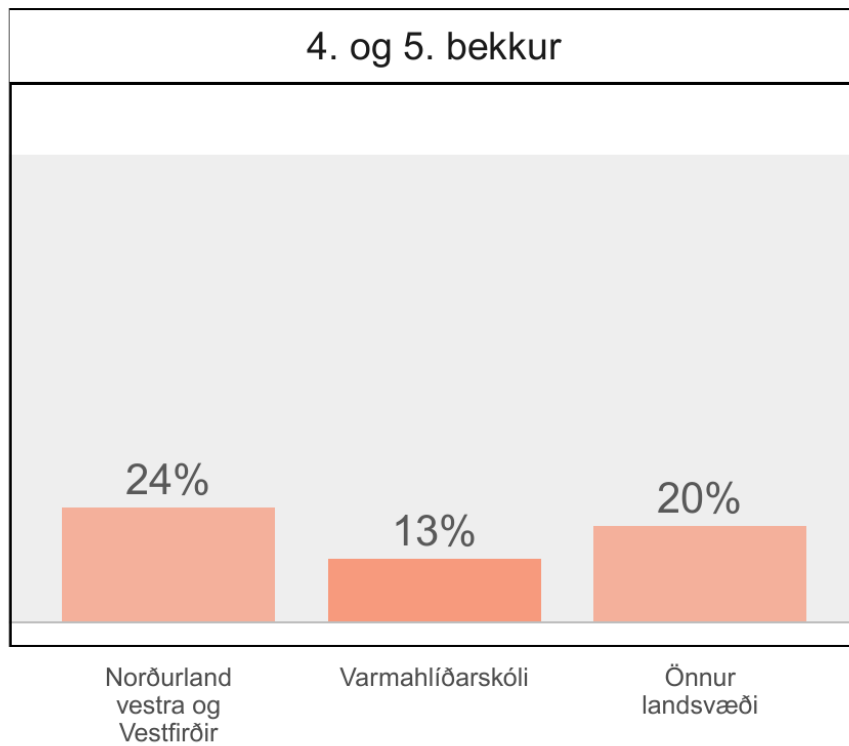


Öryggi í hverfi





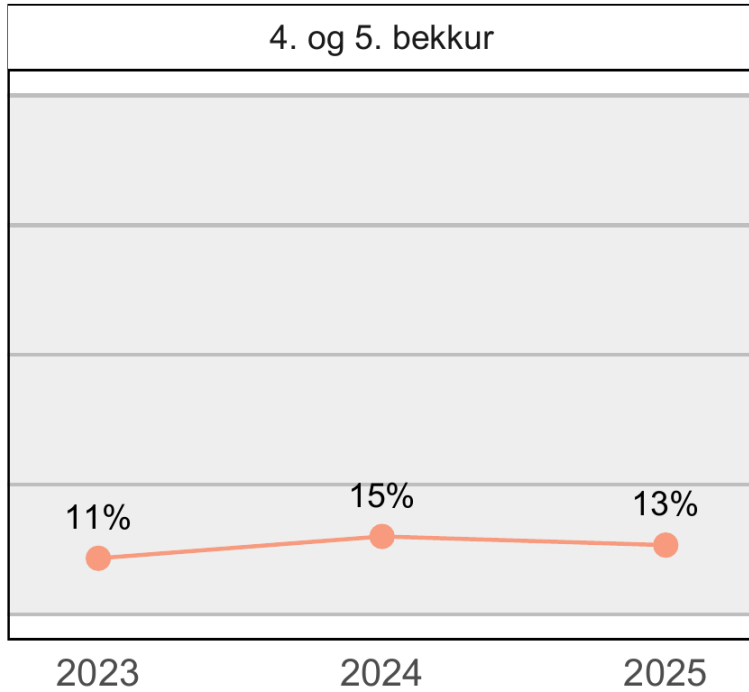
Hafa verið lögð í einelti





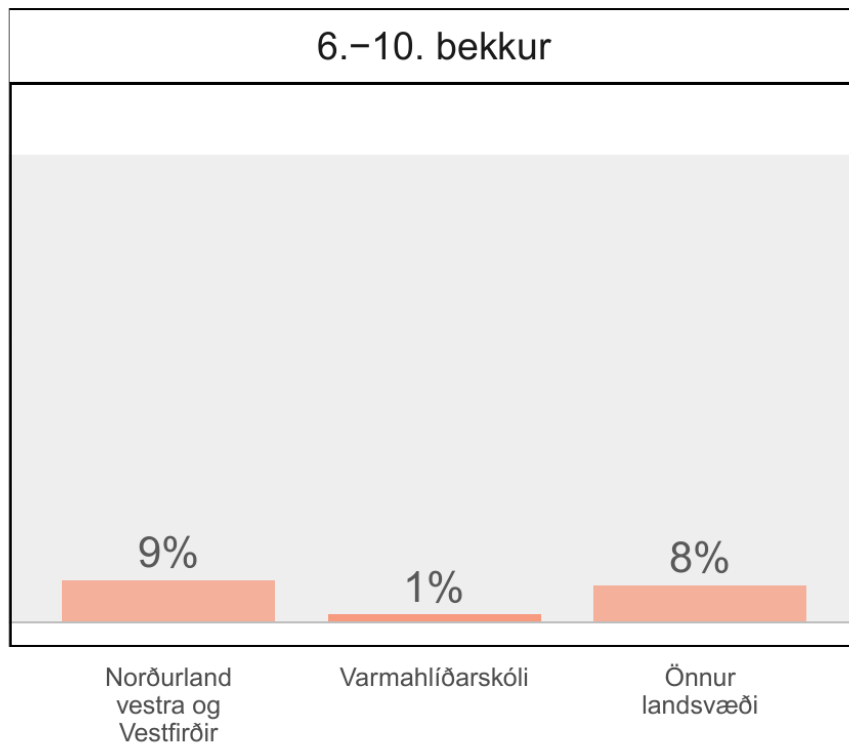
Hafa oft verið einmana

4. og 5. bekkur



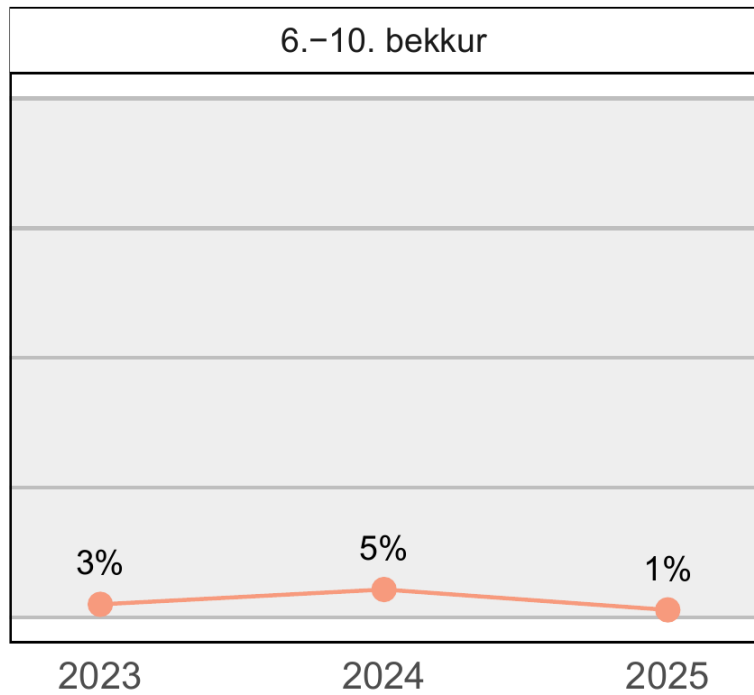


Hafa orðið fyrir einelti



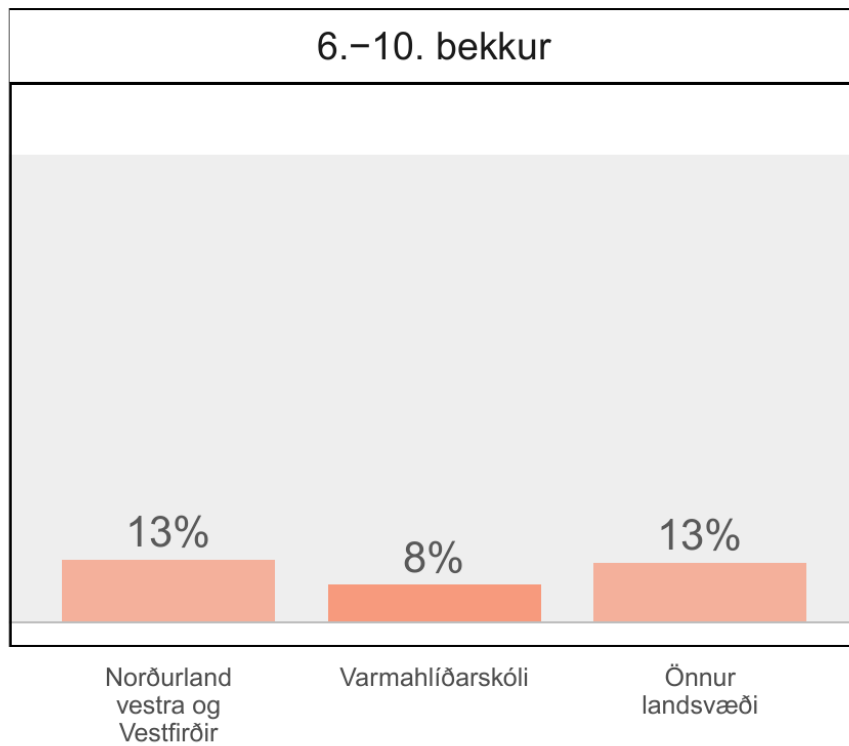


Hafa orðið fyrir einelti





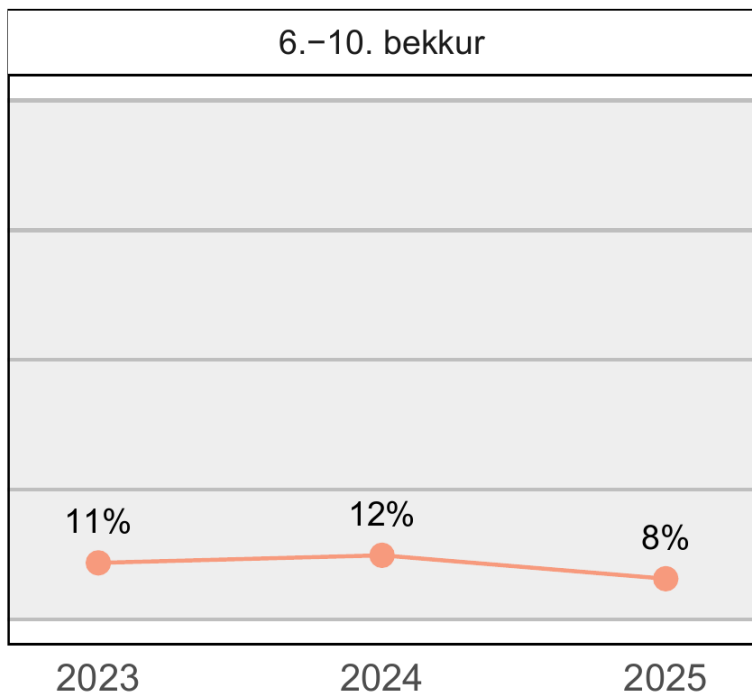
Hafa verið gerendur í einelti





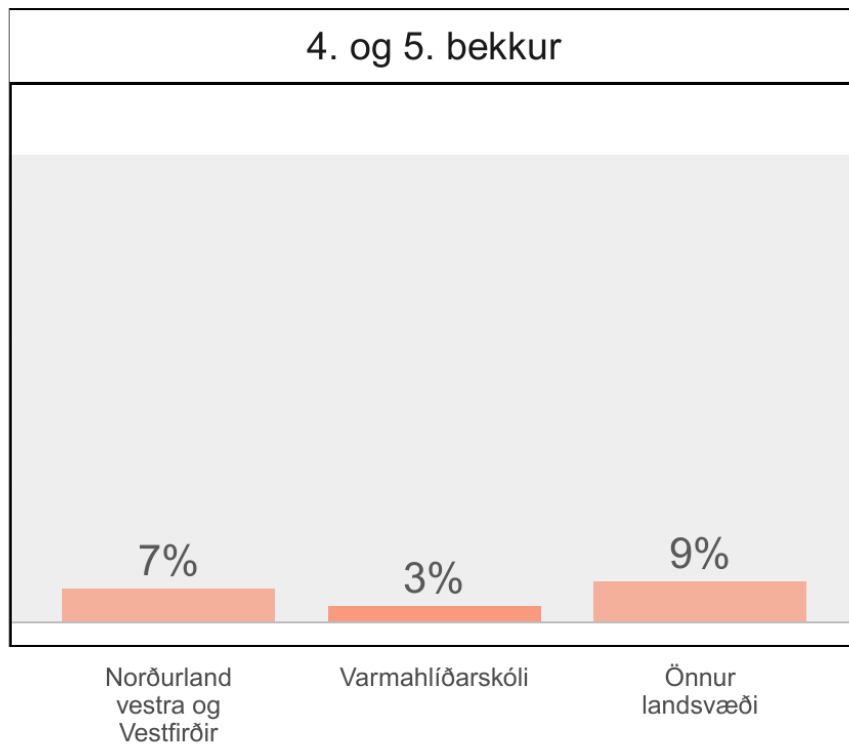
Hafa verið gerendur í einelti

6.–10. bekkur





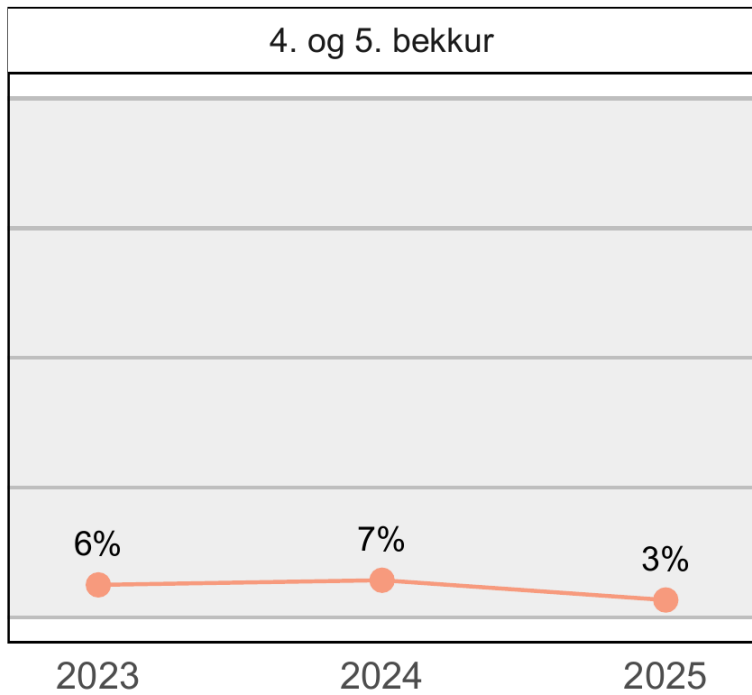
Hafa verið lögð í einelti





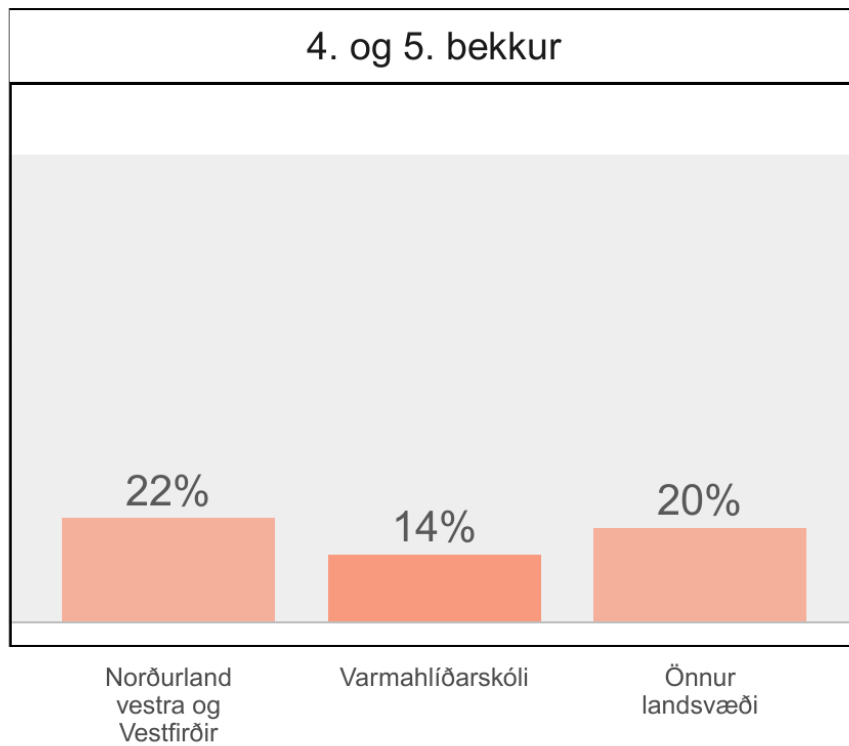
Hafa oft verið einmana

4. og 5. bekkur





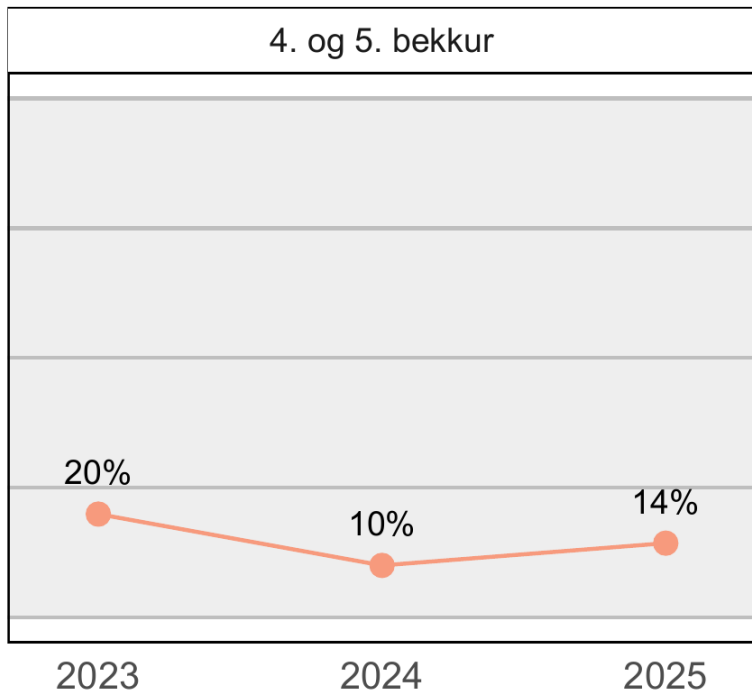
Útundan í skólanum





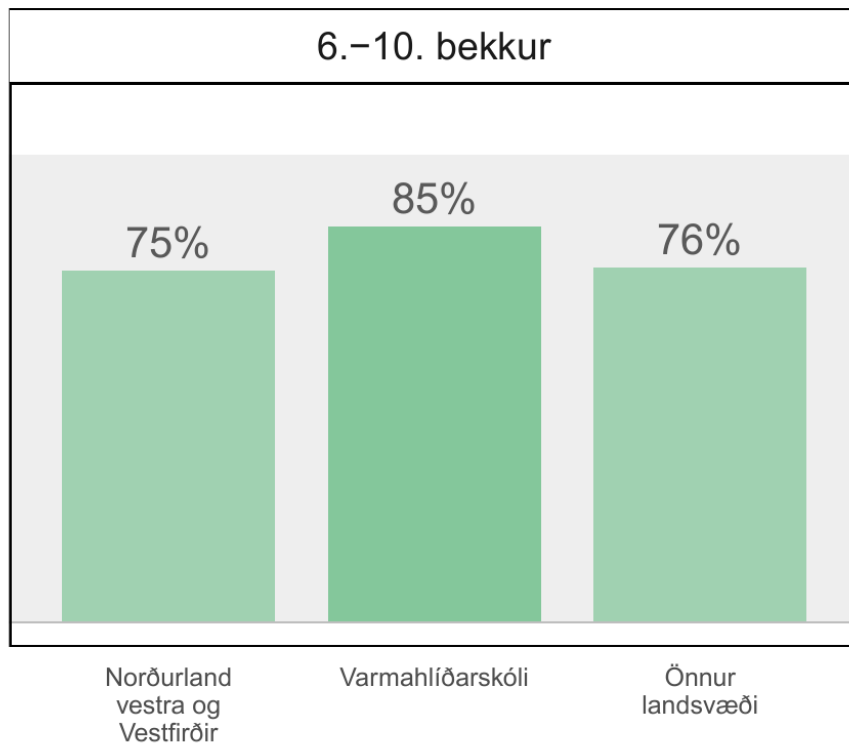
Útundan í skólanum

4. og 5. bekkur



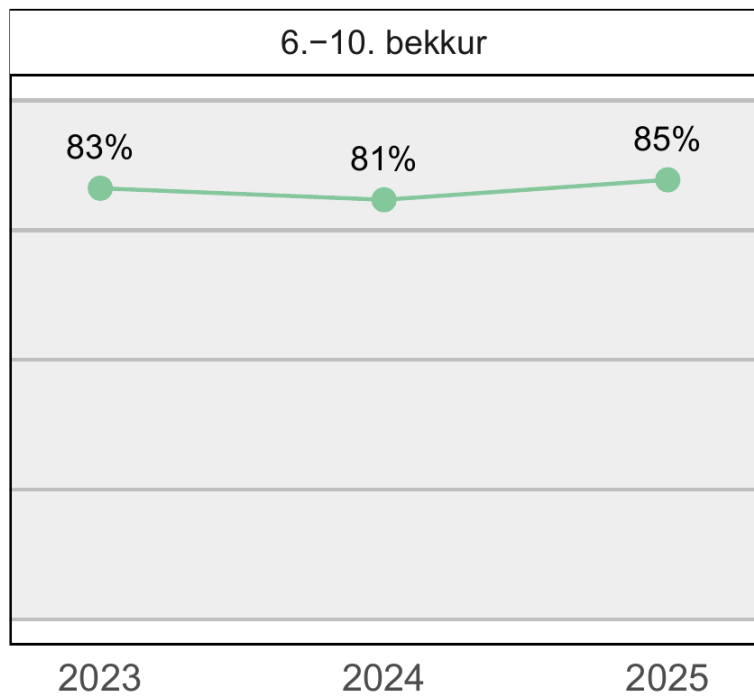


Auðvelt með að eignast nýja vini



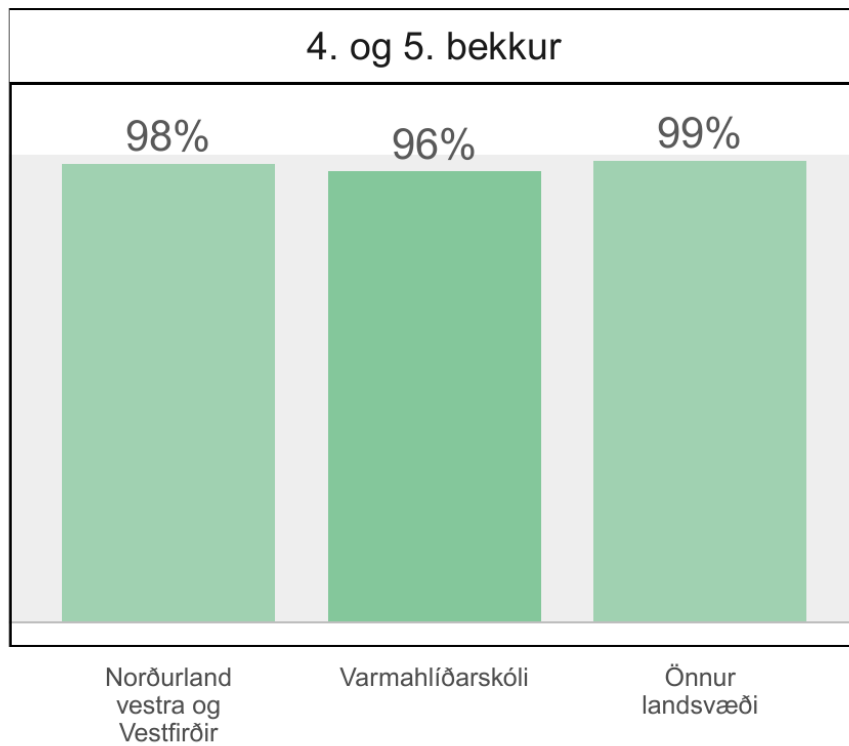


Auðvelt með að eignast nýja vini



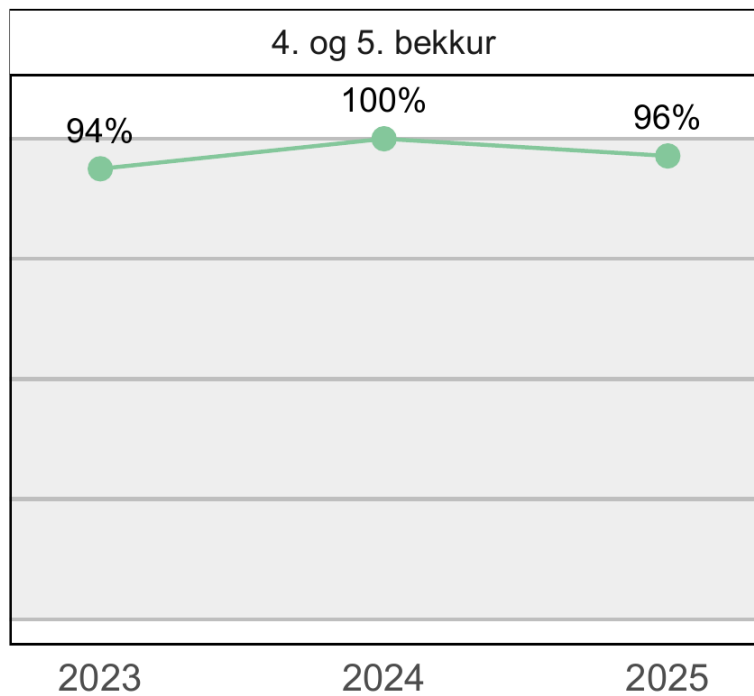


Eiga góða vini



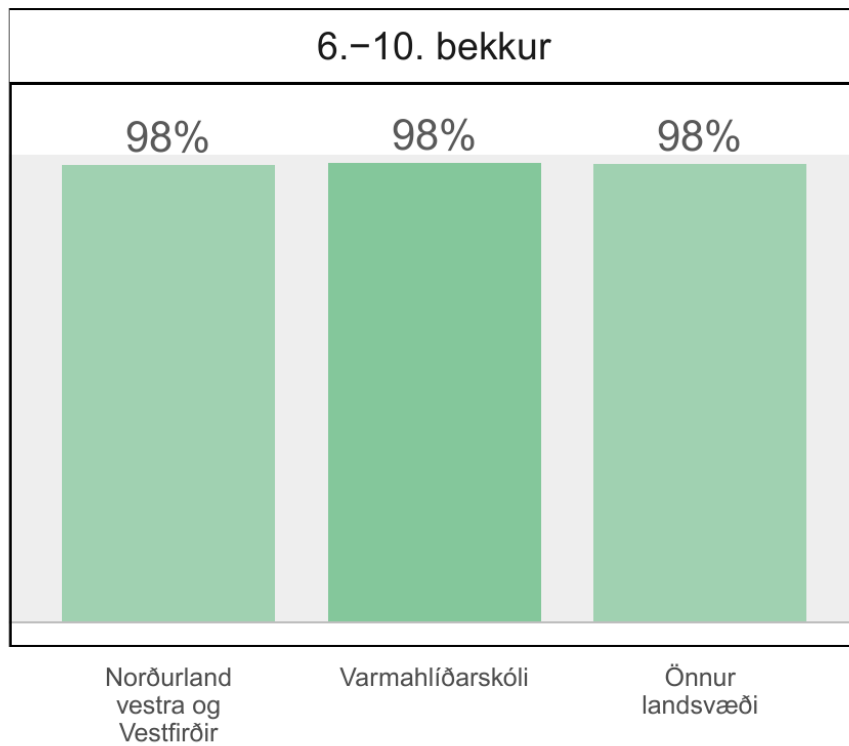


Eiga góða vini



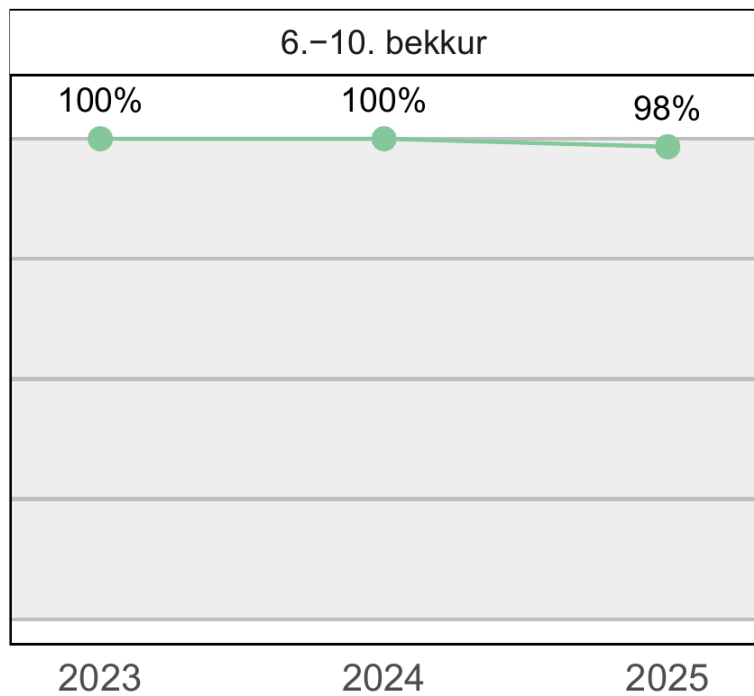


Eiga góða vini eða góðar vinkonur



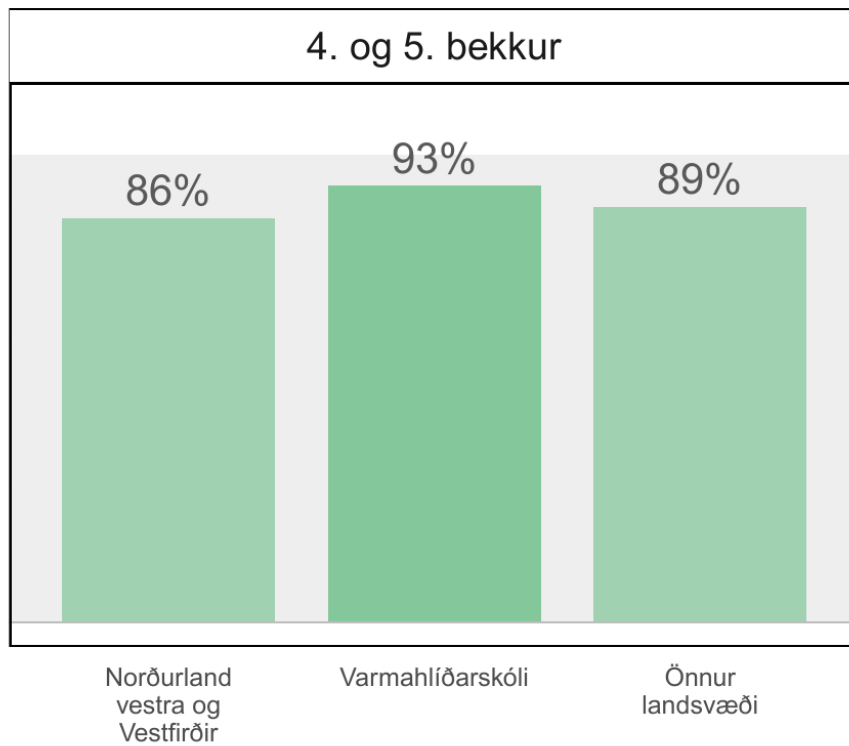


Eiga góða vini eða góðar vinkonur





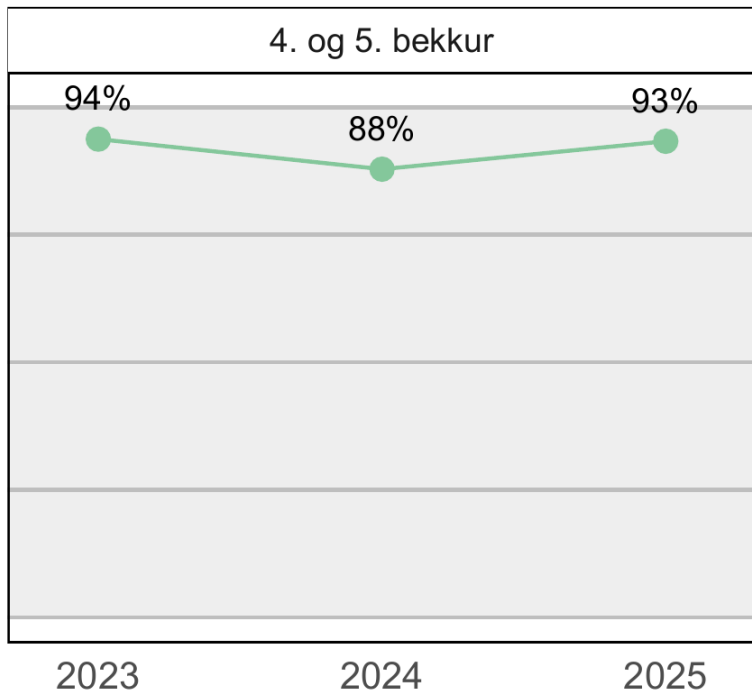
Gaman að bjóða vinum heim





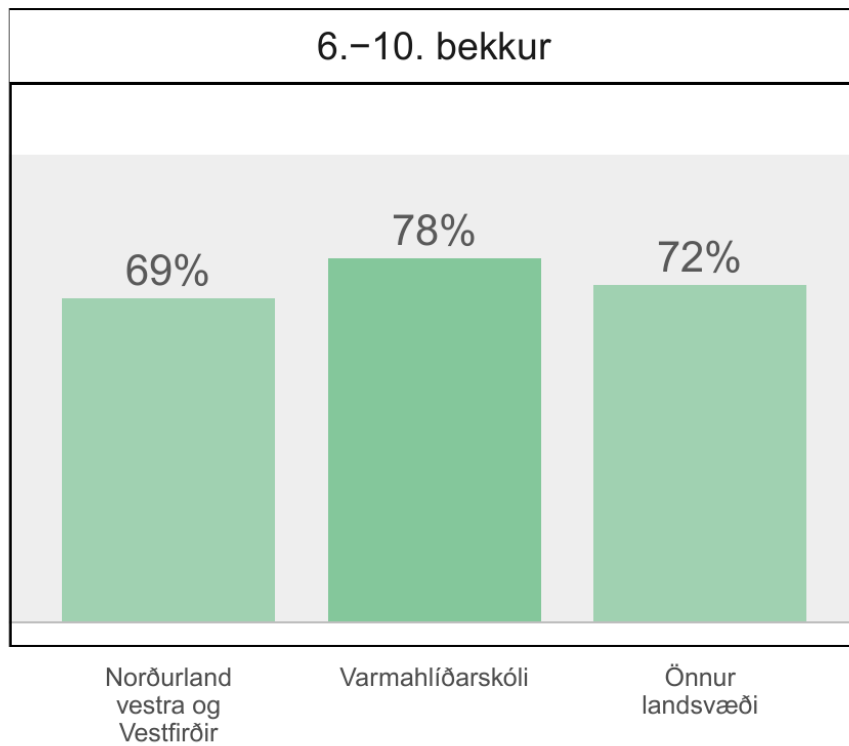
Gaman að bjóða vinum heim

4. og 5. bekkur



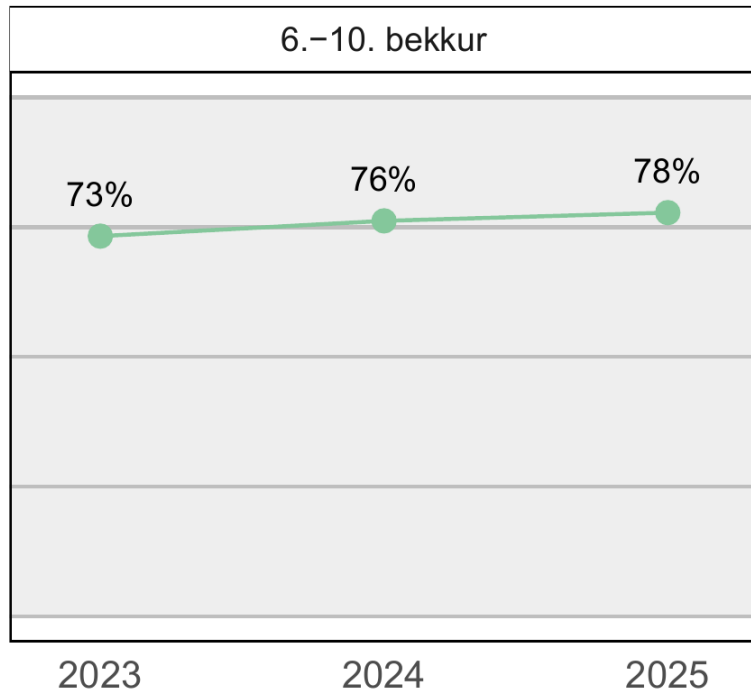


Bjóða vinum heim



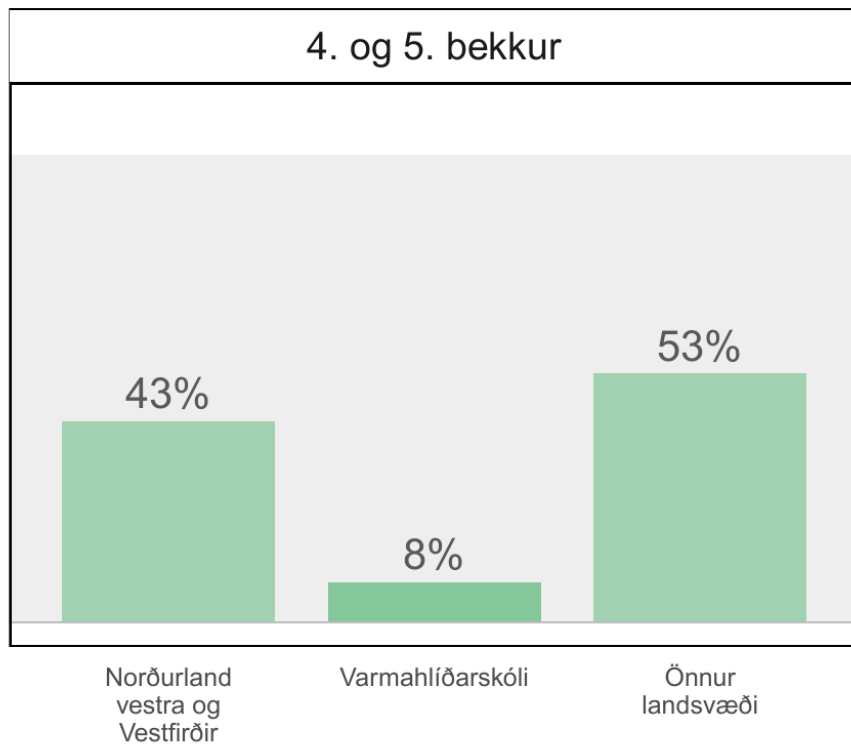


Bjóða vinum heim



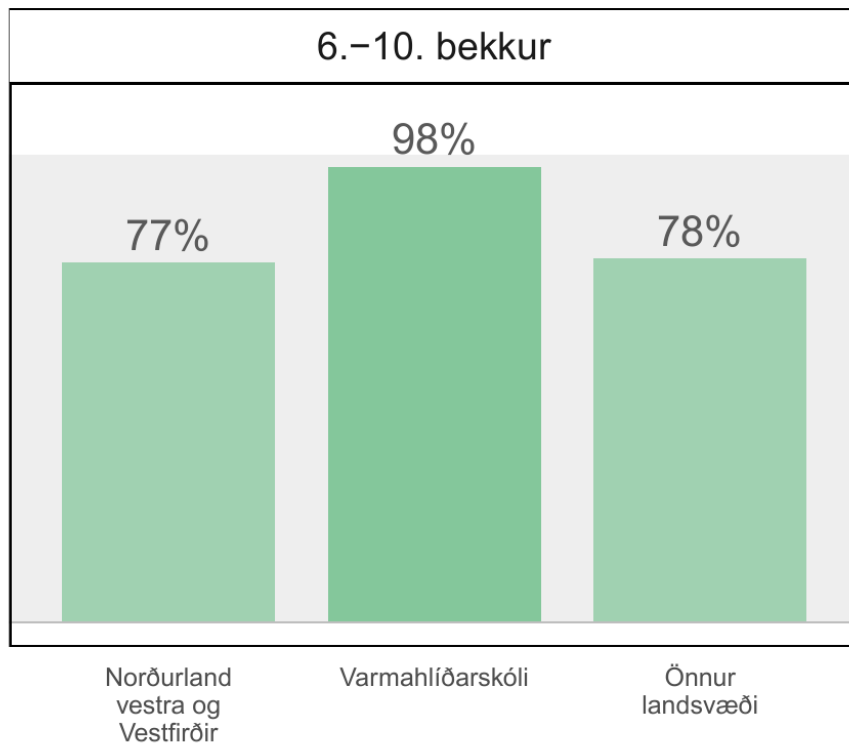


Æfi eina íþrótt



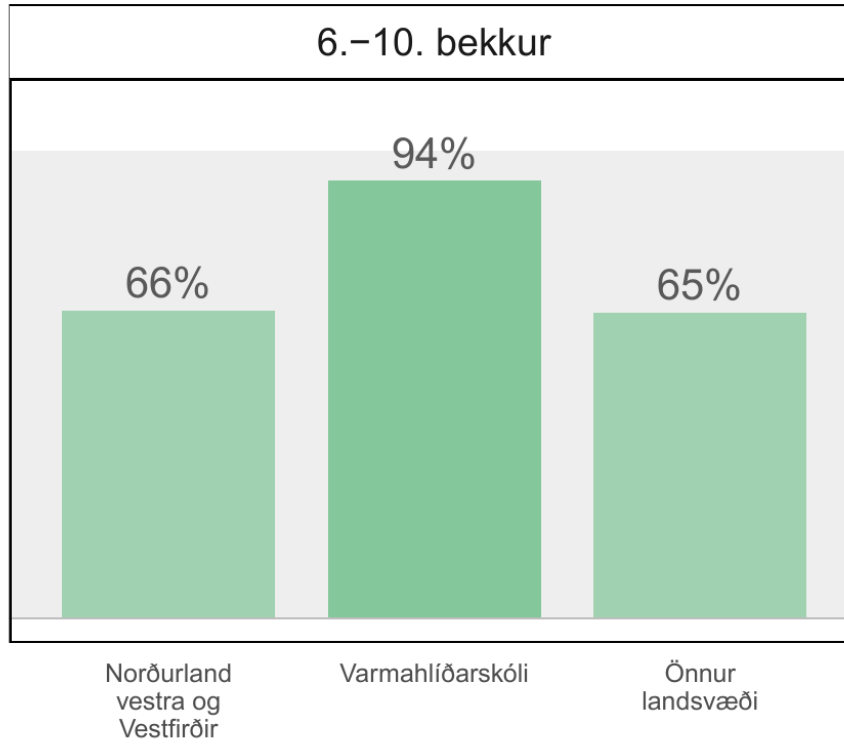


Íþróttir



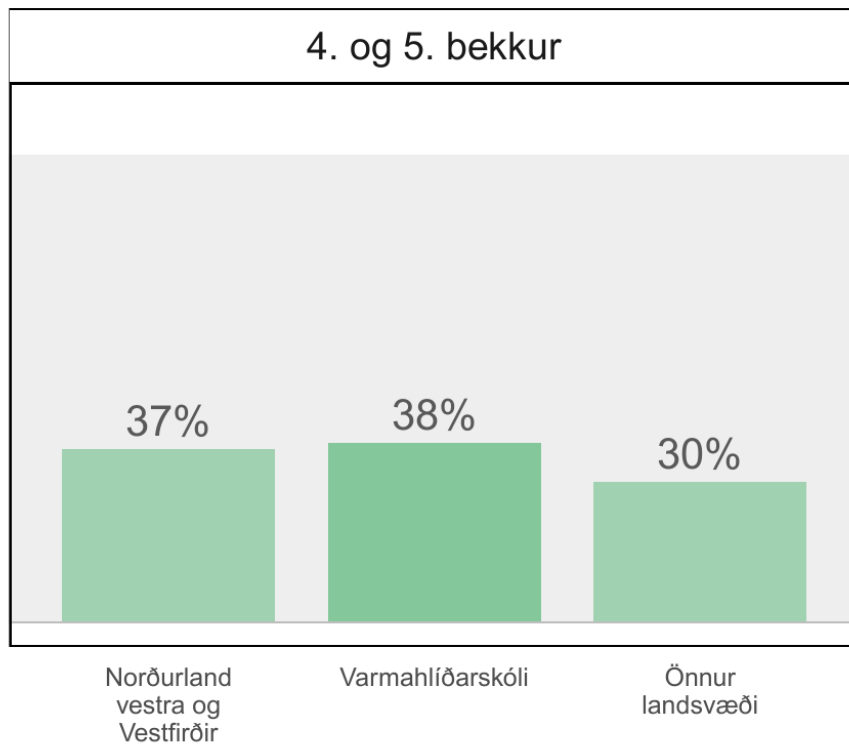


Reglulegar íþróttir



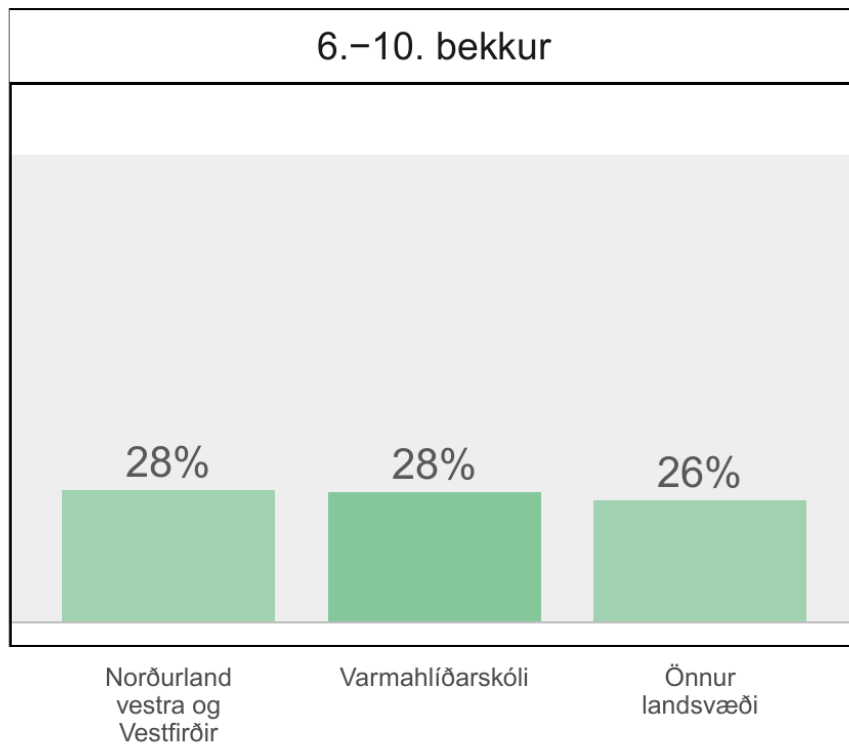


Stunda listnám



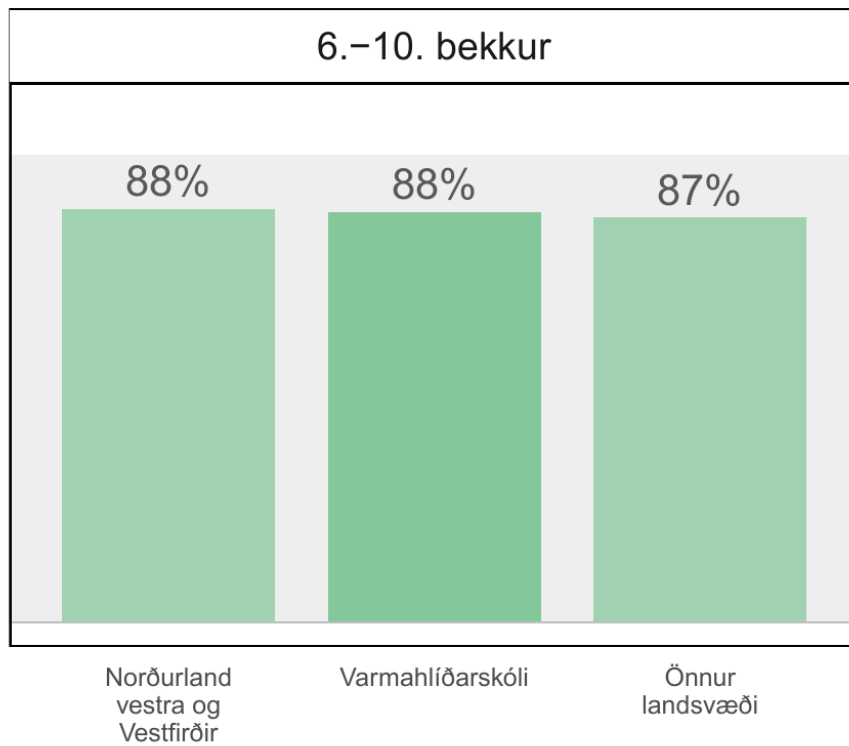


Listnám



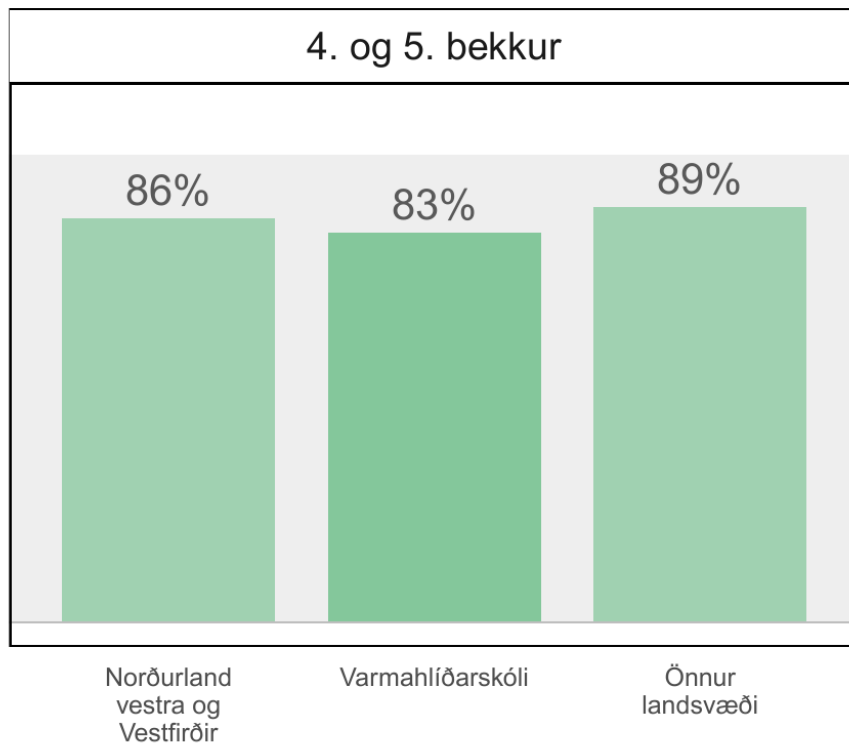


Hafa næði til heimavinnu á heimili



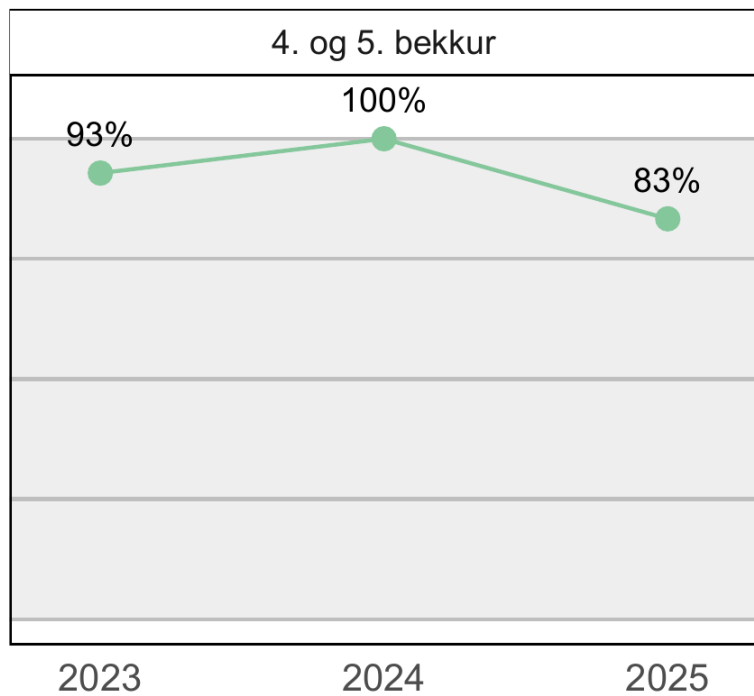


Geta fengið aðstoð með heimanám heima



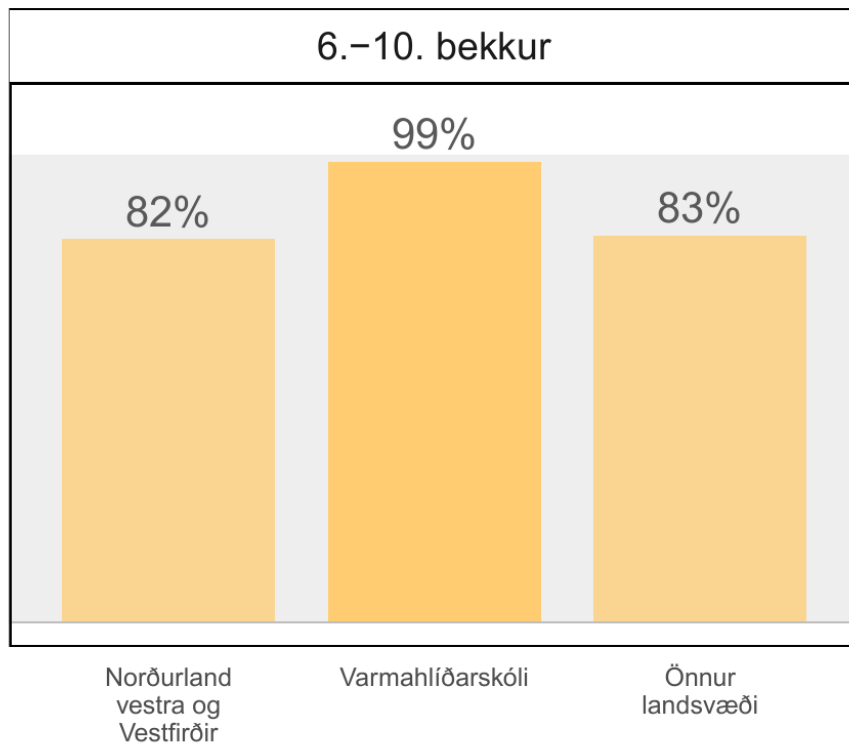


Geta fengið aðstoð með heimanán



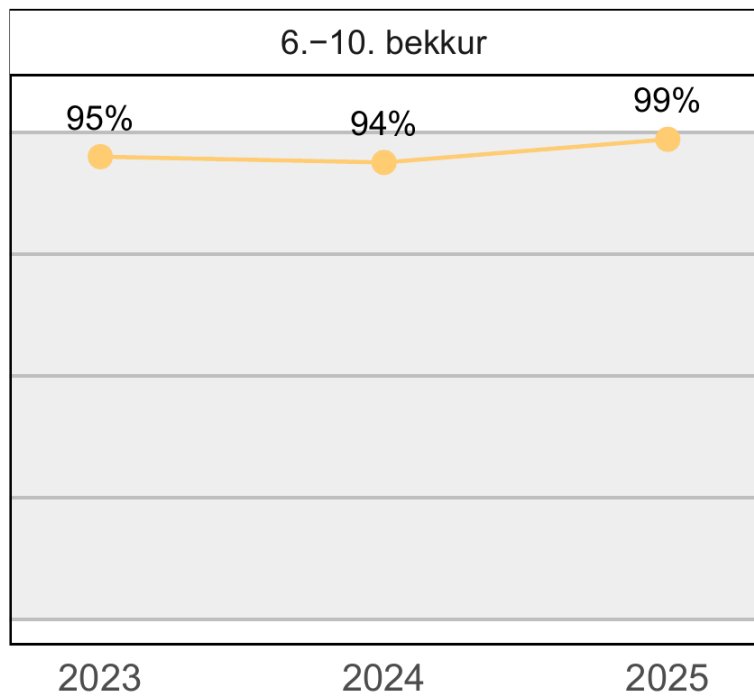


Íslenska töluð á heimili



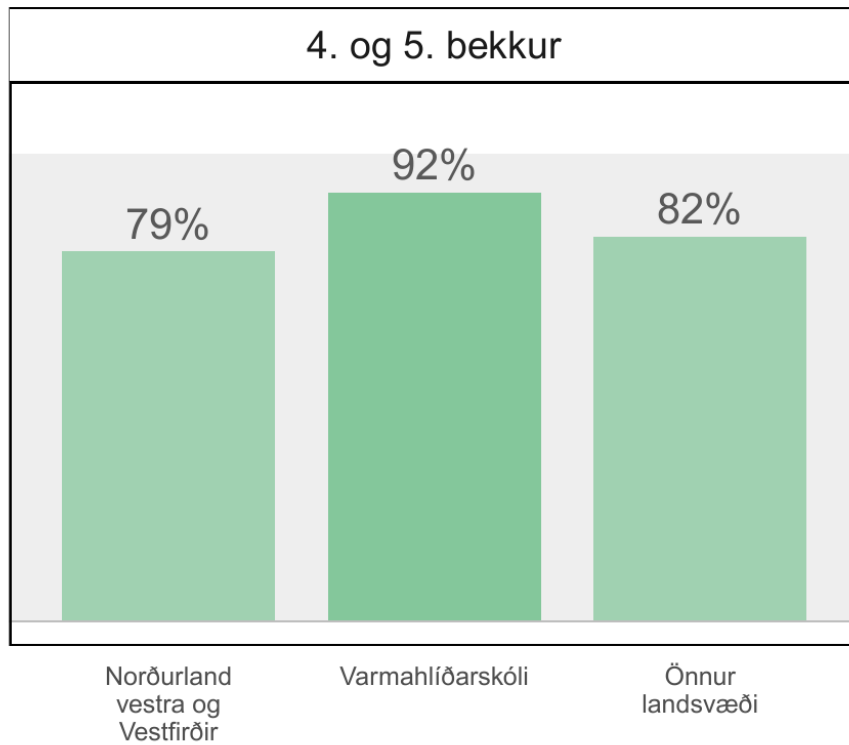


Íslenska töluð á heimili



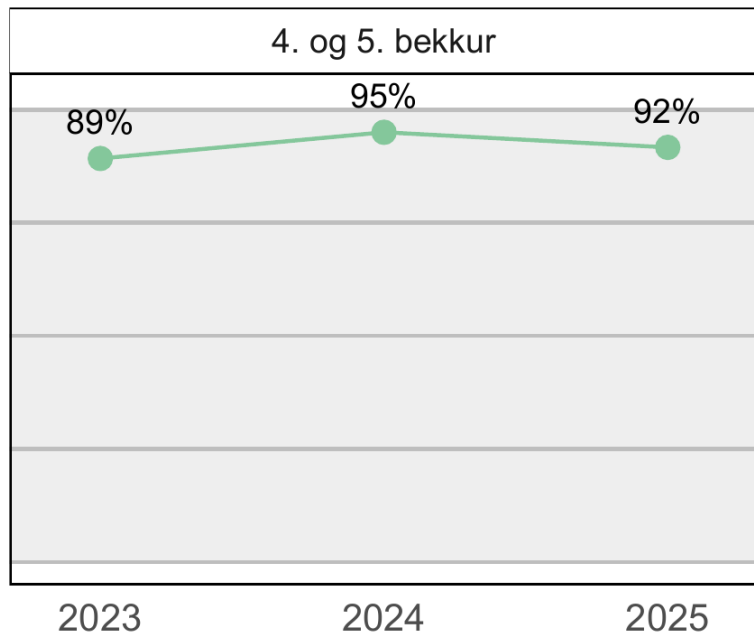


Geta talað við foreldra þegar þeim líður illa



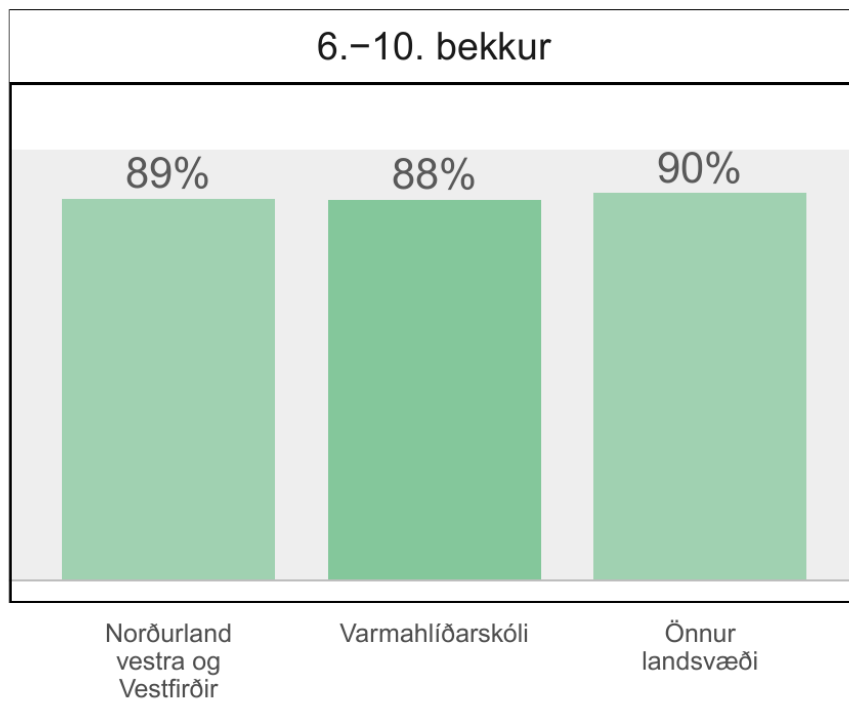


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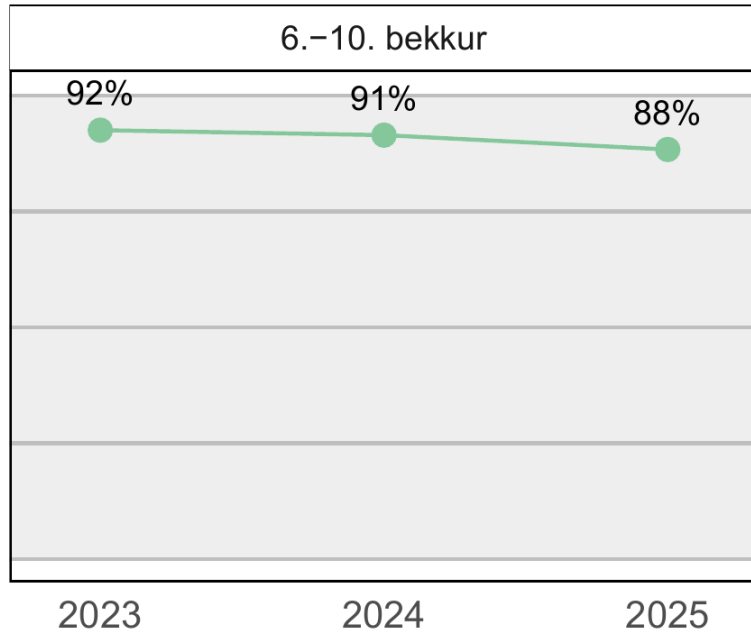


Fá tilfinningalegan stuðning og hjálp frá fjölskyldu



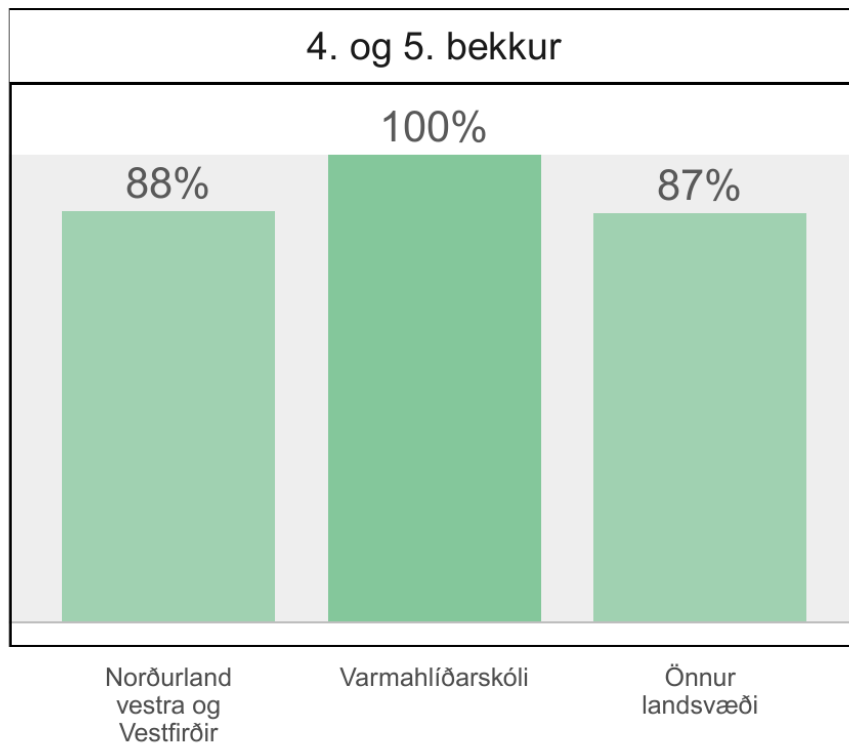


Fá tilfinningalegan stuðning og hjálp frá fjölskyldu



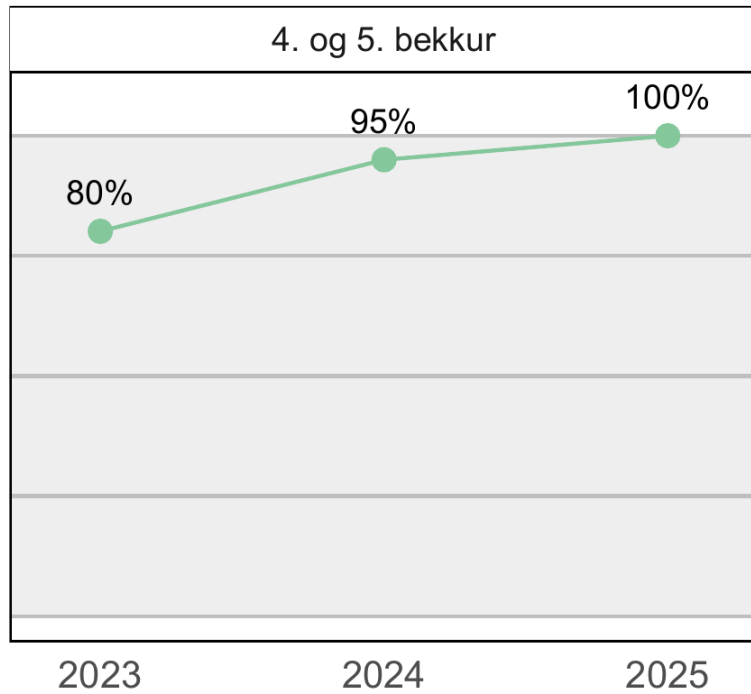


Eigið herbergi



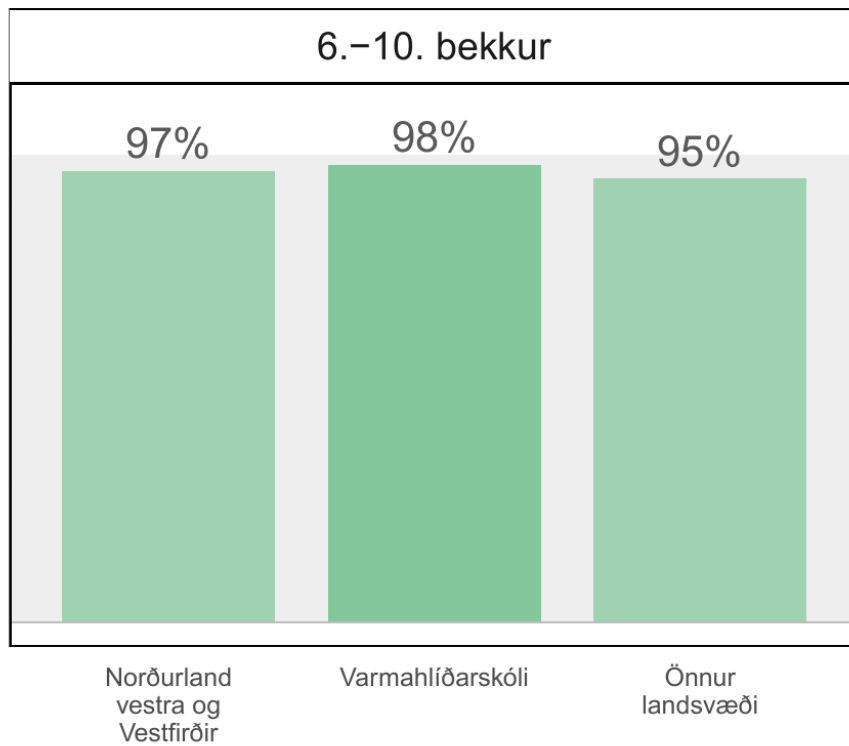


Eigið herbergi



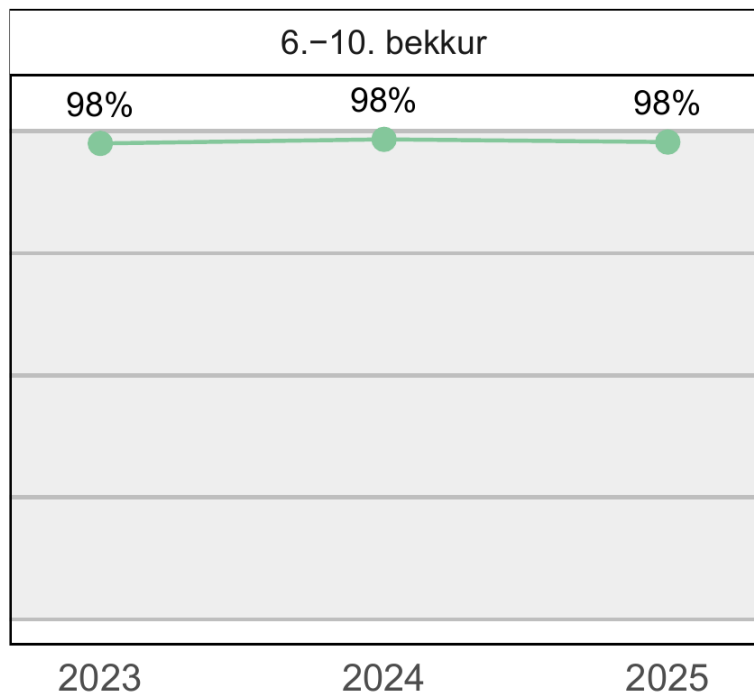


Eigið herbergi



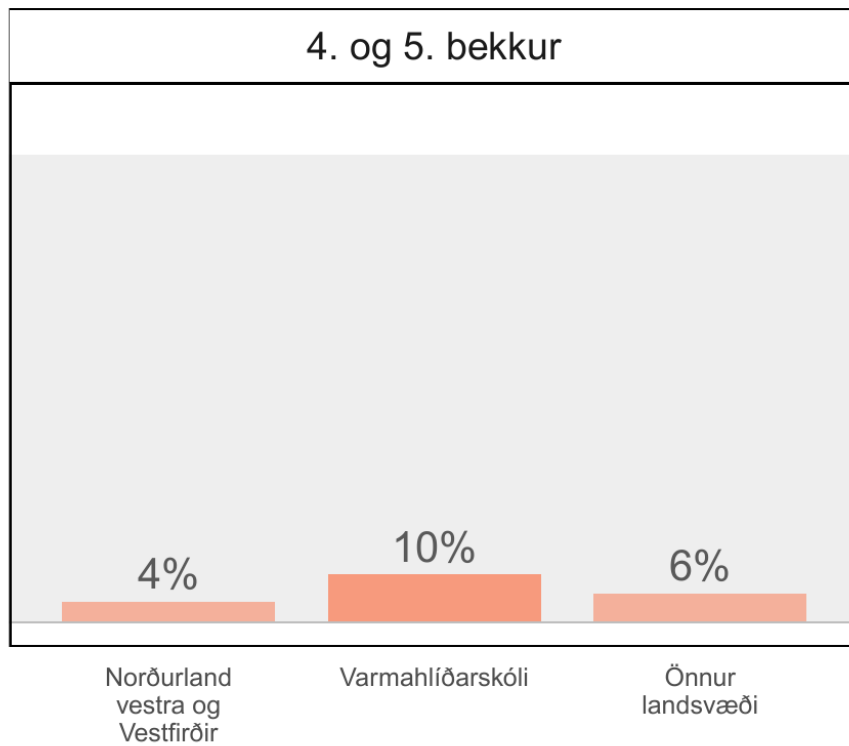


Eigið herbergi





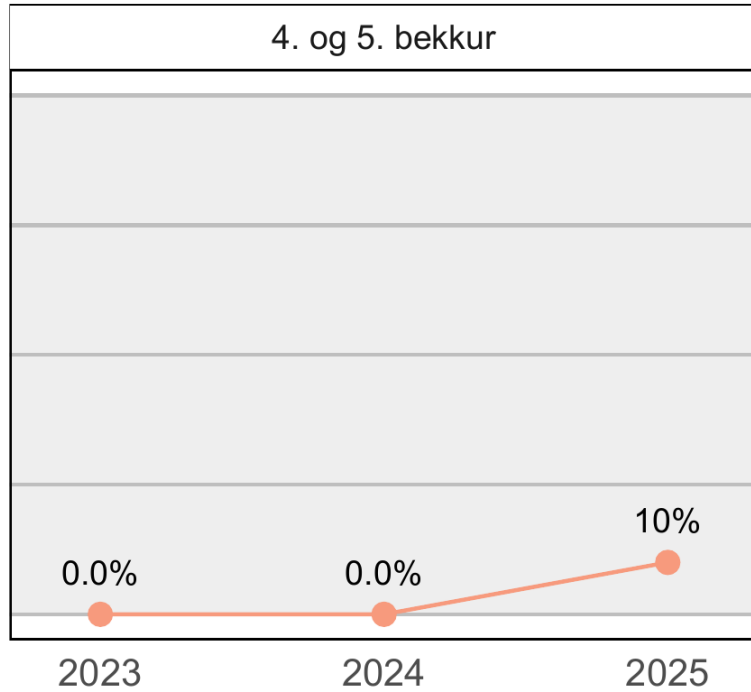
Svöng að sofa





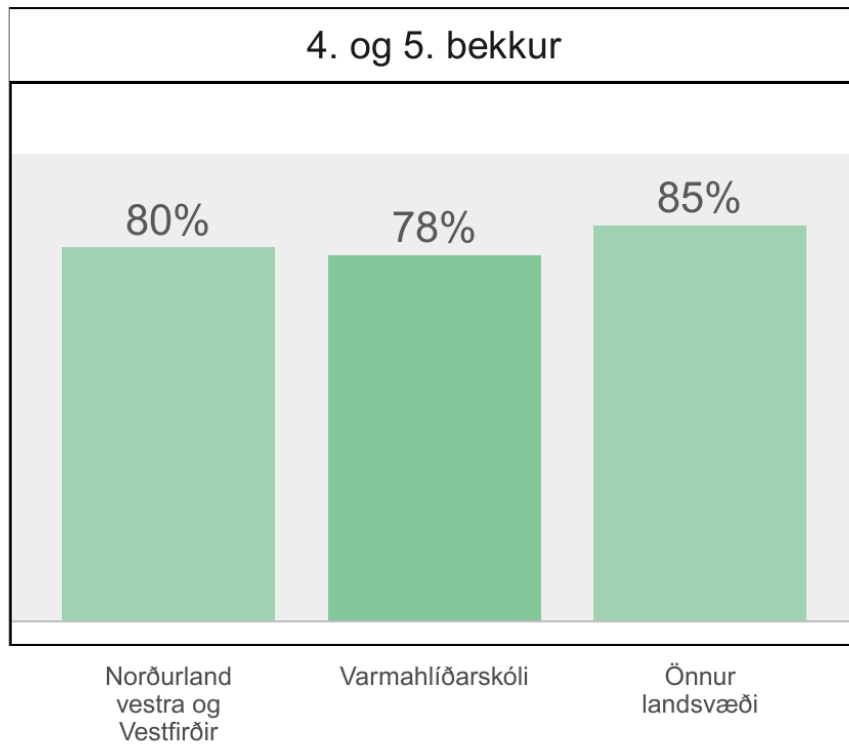
Svöng að sofa

4. og 5. bekkur





Skemmtilegt með foreldrum





Skemmtilegt með foreldrum

